New Visions for Continued Education
A College for Living program

SUMMER 2019

Week 1: July 28—August 2
Week 2: August 4—August 9

http://www.sunyocc.edu
About the New Visions Program

New Visions is a week-long “full-time” college experience for students with intellectual disabilities. Students reside on campus, sleep in air-conditioned residence halls, and integrate with other summer school students. Our goal is to provide a safe but stimulating learning environment, packed with choices and opportunities to allow each student to understand and enjoyably apply the independent living and social skills that are highlighted in the classes. After a week of course work, exciting and fun activities culminate with yearbooks, a prom and a graduation ceremony.

Student Profile

Students with intellectual disabilities who are motivated to learn and grow independently in a structured, integrated environment will succeed at New Visions. Individuals come from a variety of living situations, including community residences, supported apartments, family residences, and independent living. While the minimum age for admission is 18, there is no maximum age limit. Students who are independent in daily living skills and mobility and who are from all backgrounds are invited to attend.

Our Staff

New Visions is staffed by caring human service professionals, educators, and college students gathering valuable experience. Our staff represents a cross-section of the Central New York community. Personnel include teachers, teaching assistants, nurses, and first-aid certified staff. Every effort is made to insure that participants have a safe and enjoyable, yet challenging week.

Fees:

- $50 meal fee for all students, plus
- $250 housing fee for students staying the week in the residence hall
- $590 tuition for students not covered by the HCBS Medicaid Waiver (please provide a separate check for tuition)

Important information regarding fees:

- All checks or money orders must be payable to Onondaga Community College.
- The Medicaid Waiver will not cover the meal and/or housing fees. These are the responsibility of the student.
- If you are paying cash in person, please contact us to schedule a drop-off time. We will not have change, so please bring the exact amount of the payment.

Registration:

- Registrations are accepted on a first-come, first-served basis
- In order to “reserve a spot” you must send in your registration form (page 3), and your class choice form (page 4) as soon as possible!
- DO NOT wait for payments and/or other required documentation. Those items may be sent in later, but are required by June 1, 2019.
- All required documentation is listed on page 8 of this brochure.

Contact information:

- Phone (315) 498-6005
- Fax (315) 492-8166
- Email: Kathy Cummings cummingsk@sunyocc.edu or Amy Mech mecha@sunyocc.edu
- Mailing address: College for Living
  Onondaga Community College
  4585 West Seneca Turnpike
  Syracuse, NY 13215

PLEASE KEEP THIS PAGE TO REFER TO IF NECESSARY
Welcome to New Visions 2019

Check in: Students will check in at 7 p.m. Sunday at the Onondaga Community College Residence Hall B. Dinner will NOT be provided. Please eat, and take evening medications prior to your arrival. After signing in at the welcome desk you will receive your room assignment. Your class schedule and complimentary t-shirt will be in your room. The nurses will register and secure any medications, along with any updated doctor’s orders at that time. If you have any other special needs, please tell the staff at the table.

Orientation: Once all students have arrived, there will be an introduction of staff and an overview of the week’s activities. Rules and regulations pertaining to health and safety will be reviewed.

Check Out: Students must check out before 6:45 p.m. on Friday night. Graduation will be held Friday at 5:30-6:15 p.m. to conclude the program.

Some tips and requirements to be aware of:
- No alcohol, illegal drugs, or weapons are allowed on the premises. Students should not bring any kind of knife including: filet, pocket or Swiss Army
- Smoking is permitted only in pre-determined areas and under staff supervision
- No pets are permitted (except guide dogs for students with visual impairment)
- You are encouraged to leave valuables at home. Onondaga Community College will not be responsible for theft or loss of valuables.
- Bedding: We provide 1 flat sheet, 1 blanket, 1 pillow, and 1 towel. If you would like, please bring your own blanket, sheets and pillows. Bring enough colored (not white) towels and washcloths for the week.
- Clothing: Bring enough clothing for the entire week. Do not forget rain gear and dress clothes for graduation and prom. Please label clothing and personal belongings with your name.
- Personal items and toiletries: We do not provide toiletries. Bring soap, shampoo, toothbrush, toothpaste, deodorant, brush, comb, razor and sunscreen. Women, please remember personal hygiene supplies.

Money
If you wish to purchase an item or items from the college bookstore, plan to use the laundry, or access the soda and snack machines, please bring enough cash. Our staff will not loan students money. Keep your money in a safe place, wallet or purse.

Evening activities
A choice of campus activity is provided each evening, which includes special events and movies. All events and sites will be adequately staffed for comfort and safety.
NEW VISIONS 2019 REGISTRATION & STUDENT INFORMATION FORM

Last Name: _________________________________ First Name: ___________________________ MI: _______

Home Address: ______________________________________________________________________________
STREET CITY STATE ZIP

Home Phone: _________________________ Date of Birth: __________________   Gender: _____M   _____F
(must be 18 by 7/28/19)

Primary Emergency Contact: __________________________________________ Phone: ___________________________

Back-up Emergency Contact: __________________________________________ Phone: ___________________________

Care Mgr. Name: _____________________________________ CCO: ____________________________________
Care Mgr. email: _____________________________________ Care Mgr. Phone: __________________________

Medicaid#______________________________________ TABS#: _______________________________________

Which week do you want to attend? (choose one)
____ Week One (July 28 – August 2)  ____ Week Two (August 4 – August 9)

Are you staying in the residence hall for the week, or coming for the day only? (choose one)
____ Day Only  ____ Residence Hall

Roommate request: ____________________________________________

T-Shirt size: (circle one)    SM    MED    LG    XL    2X    3X    ____Other

SKILLS OF DAILY LIVING:
Is student able to dine independently? _____Yes   _____No, Explain*: __________________________________
Current Diet: ______________________________ List restrictions*: _____________________________________
Is student able to dress themselves? _____Yes   _____No, Explain*: __________________________________

Toileting: Students must be independently responsible for toileting and showering unless they bring an aide to assist them.
Does student wear: _____glasses     _______hearing aid     _______adaptive equipment?

Students requiring 1:1 supervision/assistance must bring an aide to assist them.

Does student administer medication independently? ____Yes   ____No (Nurse will store and administer meds)

MEDICAL CONCERNS:
Does student have a seizure disorder? ____Yes   ____No        Sun Sensitivity: ____Yes    ____No
Allergies (food/medication, list with the description of reaction if known)*: _____________________________________________
Briefly describe any significant medical conditions and what is normal or abnormal for student: (i.e. Seizure disorder: date of last seizure, usual behavior during seizure. Diabetes: diet or insulin-controlled, what are normal blood sugar levels, how does student tolerate high or low blood sugars, etc. Asthma: frequency of attacks, any activity limitation, etc.) Attach additional sheets if necessary**

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

This student may participate in a physical activity: _____Yes     ____No

BEHAVIOR CONCERNS:
Does student have any behavioral concerns, an IPOP, or issues requiring precautions? ____Yes    ____No, Explain*:

Students requiring 1:1 supervision/assistance must bring an aide to assist them.

Please describe any other pertinent information regarding the student which has not been stated otherwise on the application, but may affect his/her participation in the program.* ____________________________________________

SAFEGUARDS:
Fire evacuation level of independence: _____Independent     _____Verbal prompts     _____Physical assistance

Signature: __________________________________________________________  Date: ________________________

*Attach additional sheets if necessary

**Please send Doctor’s orders for medications and treatments (copies of orders or prescriptions required)
CLASS CHOICE FORM New Visions 2019

Please choose 5 classes from the "FIRST CHOICE" column and 5 classes from the "SECOND CHOICE" column. We will try our best to get you into your favorite classes, but remember that registrations are on a first-come, first-served basis and those who get their forms in early will have the best chance of getting all of their first choices. Class descriptions are on pages 6 and 7.

<table>
<thead>
<tr>
<th>FIRST CHOICE – choose 5 in this column</th>
<th>SECOND CHOICE – choose 5 in this column</th>
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<tbody>
<tr>
<td>☐ Acting 101</td>
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<td>☐ Outdoor Games</td>
<td>☐ Outdoor Games</td>
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<tr>
<td>☐ Spiffy in a Jiffy (Male)</td>
<td>☐ Spiffy in a Jiffy (Male)</td>
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<tr>
<td>☐ Yoga</td>
<td>☐ Yoga</td>
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</table>
ALL STUDENTS: Please read and sign the following three statements

Financial Responsibility Agreement:
1. By registering for classes at Onondaga Community College, I acknowledge and agree that I am at least 18 years of age or the parent/legal guardian of a student under the age of 18.
2. I understand that if I decide not to attend the course, for which I am registering, that it is my responsibility to drop the course three (3) days prior to the start date to avoid any financial liability.
3. For Onondaga Community College's complete Financial Responsibility Agreement, please reference the College Web page under Bursar's office, the course schedule, student handbook, or College catalog.

I hereby apply for registration, and certify that all information I have given to be true and correct. I agree to obey all rules and regulations of Onondaga Community College.

Signature of Student/Guardian: ______________________________________________ Date: ___________________________

Publicity Release: (must be signed to have picture in yearbook)
I hereby give my full consent to the New Visions program to use any or all photos, video images, and audio recordings of _______________________________________(name).

The New Visions program agrees and promise that none of these materials will be used for profit or any purpose other than its own education and public information projects.

Signature: __________________________________________________________________________ Date: ____________________________

ONONDAGA COMMUNITY COLLEGE GENERAL RELEASE - HOLD HARMLESS STATEMENT
TO WHOM IT MAY CONCERN, know that the undersigned in consideration of permitting me to participate in the New Visions program has remised; released and forever discharged, and by these present do for myself and for my heirs, distributees, executors and administrators, remise, release and forever discharge Onondaga Community College, Onondaga Community College Housing Development Corporation, and the County of Onondaga, their respective agents, servants and employees of and from all and all manner of action and actions, cause and causes of action, suits, claims, promises, damages, judgments, executions claims and demands whatsoever, in law or in equity, which against Onondaga Community College, Onondaga Community College Housing Development Corporation, and the County of Onondaga, their respective agents, servants and employees, I ever had now have, or which myself, my heirs, distributees, executors or administrators, hereafter can, shall or may have for, upon or by reason of my participation in the above mentioned program at Onondaga Community College and my future participation in the above mentioned hereafter.

I willingly and voluntarily assume all risks in the aforementioned and in the use of the facilities, equipment and transportation related thereto and this release is expressly executed and delivered to Onondaga Community College for the express purpose of enabling me to participate in said program.

I _______________________________ shall indemnify and hold harmless Onondaga Community College, Onondaga Community College Housing Development Corporation, and the County of Onondaga its employees, agents, officials, representatives and attorneys and assigns from any and all liability arising directly out of my negligence in connection with this program and/or event including but not limited to payment of all fees for my attorney and all incidental litigation expenses in the event that Onondaga Community College and the County of Onondaga any of its employees, agents, officials, representatives, attorneys and assigns are sued upon a claim resulting from my negligent actions or performance.

I further acknowledge to Onondaga Community College that I have disclosed all medical conditions, illnesses and problems pertaining to my (or my charges) health which might have a bearing on the ability to participate in program activities, and I affirmatively promise to keep the program informed in writing of any change in health status.

Signature: __________________________________________________________________________ Date: ____________________________
Acting 101
Join your friends while participating in fun drama activities. Work on developing communication and promoting your unique creativity. Acting involves teamwork, communication, eye contact and other helpful skills such as facing toward the audience and positive body language. Additionally, acting provides freedom in exploring different worlds of expression. You will discover skills you did not realize you had in this fun class.

Aerobics
Learn how to integrate your love for music while at the same time keeping physically fit. You will be led through a warm up, cardio activity and a cool down period. You will learn how to take your pulse and monitor your heart rate while reaching your potential safely.

Beauty 101 (Female)
Do you need assistance in learning how to maximize your personal appearance? This is the class for you! You will be assisted with make-up and learn how to make personal choices that enhance your appearance and self-esteem.

Computer Fun
Do you like working on computers? Take this fun class to learn how to log on, access web browsers, retrieve useful information from web sites, and set up and use email. Learn an important skill while making new friends.

Crafting
Make and enjoy projects with fabric, paint, wood and paper. You will create a variety of projects that you can take home. Emphasis will be on following directions while having fun with a new hobby.

Creative Writing
Do you have a story to tell? Learn how to unleash your imagination onto the blank page and discover the fun that can come from writing. Skills developed through creative writing will encourage creative-thinking and build self-esteem.

Dating 101
Come find out the most important behaviors related to dating. Learn to make safe and healthy decisions for yourself as well as others. You will discover the importance of clear communication and mutual respect. You will also learn the ways to set boundaries and get to know someone in a safe way.

Dream Boards
This fun class will get you thinking about what makes you happy and what goals you want to achieve. Use your imagination in this class to make a vision board to create and record your dreams and goals. Your creation will be something you can take home and look at every day to inspire you to work towards your goals and achieving your dreams.

First Aid and Safety
Learn how to identify and treat common injuries. Know what to do in case of an emergency. Practice how to make a doctor’s appointment. Learn where to seek medical care safely, wherever you may live.

Fitness
If you are looking for ways to stay healthy and get in better shape, this class is for you. Learn how to take your pulse and monitor your heartbeat. A variety of ways to get fit and stay that way will be presented and practiced. All levels of fitness are welcome, even couch potatoes!

Health & Nutrition
Do you know the difference between a healthy meal and one that is not so good for you? Learn how to make healthy choices when preparing and eating your meals. You will figure out what kinds and how much nutrition your body needs each day and the best ways to get that nutrition.

Hiking
Walk the trails at OCC. Explore our beautiful campus and participate in fun discussions about fitness and diet. Learn how easy and enjoyable it is to be healthy and how just walking can be a great exercise.
COURSE DESCRIPTIONS

Home Alone
Join others in finding out important information such as what to do when no one else is at home; when strangers call or come to the door, if you feel ill or lonely; or in case of an emergency. Learn how to entertain yourself, create a network of friends; feel safe and comfortable with yourself; and be as independent as possible. You will also explore safety issues and essential phone numbers.

Job Skills
A successful employee is one who understands the proper way to handle themselves in the workplace. Learn the importance of being on time, having the proper attire and appearance at work, and how to interact with your colleagues and boss. A little extra work on yourself can increase your chances of success on the job.

Journey Around the World
Are you interested in other countries such as Mexico, England, Italy, France, and Germany? Join your peers and travel to a new country each day through art, music, language, stories, and food. Have fun while learning about other cultures.

Learning Games
Is there a card game or board game you always wanted to learn? Involve yourself in a series of activities and board games that are designed to enhance learning and social skills. Make new friends and discover that learning is fun!

Lost in Space
Do you ever look up at the sky at night and wonder what you are seeing? Discover exciting facts about the moon, planets, and stars. Learn about the astronauts that traveled to the moon 50 years ago! See pictures of the moon landing and hear the famous words from Neil Armstrong, the first man to step on the moon surface – “That’s one small step for man, one giant leap for mankind”.

Manners 101
Has anyone ever told you to mind your manners? Take this class with friends to learn all about manners like when to say “please”, “thank you”, “no thank you” or “excuse me”. You will discover how to greet people and feel more confident answering basic questions. Practice setting a table and proper table manners at home or in restaurants. Did you know there are proper manners for just about anything you do? Join others in taking this fun class and you will find out how to be the perfect gentleman or lady in any situation!

Money Math
Money skills are an important part of life. In this class you will learn how to identify and count coins and bills through fun activities. Learn ways to stretch your money by knowing how much you have, how much you need, and how to reach your goals by cutting back on what you spend.

Music Appreciation
Listen and discuss various types of music while learning the history of each style. Classes will discuss classical, country, jazz, and rock and roll. You will be encouraged to bring your own samples to share. A great way to share your knowledge while learning about others’ taste in music.

Outdoor Games
Come on outside and get some fresh air with friends in this exciting class! Play outdoor games to learn teamwork skills and new and exciting games and activities that are fun and will keep you moving!

Spiffy in a Jiffy (Male)
Do you need assistance in learning how to maximize your personal appearance? This is the class for you! You will be assisted with shaving techniques and learn how to make personal choices that enhance your appearance and self-esteem.

Yoga
Learn to relax, stretch, and breathe. Yoga will increase your mobility and decrease your stress. You will learn how to center your feelings and tone your body. Feel good about yourself!
Registrations are accepted on a first-come, first-served basis. The program usually fills up within a few weeks from the time brochures are sent out. Register early so you don’t miss out!

**IMPORTANT** In order to “reserve a spot” for New Visions 2019, please mail, email, or fax the following two items from this brochure as soon as possible:

- Completed Registration and Student Information form (page 3)
- Completed Class Choice form (page 4)

Upon receipt of these items, we will send you a postcard notifying you that we received your registration. If we receive your registration after the program is full, we will place you on a waiting list and will notify you and your Care Manager. Once an opening becomes available, we will call you and your Care Manager, and will require any remaining items at that time.

Please **DO NOT WAIT** for your funds to become available or the items listed below to send in your registration form.

The remaining items listed below may be sent at a later date if necessary, but are required by June 1, 2019:

- Signed copy of your current Life Plan listing Onondaga Community College as the provider as the HCBS Group Day Habilitation Waiver Service (New Visions) for the chosen week. An addendum should be attached if OCC is not already listed in the Life Plan as the provider of the Group Day Habilitation Service.
- A copy of students’ Self-Direction Budget (SD Budget), if applicable, which includes Direct Provider Purchased DH, five units per year @118.39/unit.
- Service Amendment Request Form (SARF) listing Onondaga Community College as provider of Group Day Habilitation Services (New Visions) sent to DDRO (five units per year), if not currently authorized.
- Current Level of Care Eligibility Determination (LCED)
- Medication Administration Record (completed by family and/or house staff)
- Doctor’s orders for medications and treatments (copies of orders or prescriptions required)
- Routine Standing Orders for Over-the-Counter Medication form (completed by a Healthcare Professional)
- Release form (please sign all three releases on this page)
- $50* meal fee for ALL students, plus
- $250* housing fee for students staying the week in the residence hall
- $590* tuition for students not covered by the HCBS Medicaid Waiver (please provide a separate check for tuition)

*All checks or money orders are payable to Onondaga Community College

**PLEASE NOTE:** Students who attended New Visions in 2018, and who live in Onondaga County, do not need their Care Managers to submit a Service Amendment Request Form (SARF). All other students, and all Broome/Tioga County students must submit a SARF to DDRO for authorization.

**Please mail paperwork to:**
College for Living
Onondaga Community College
4585 West Seneca Turnpike
Syracuse, NY 13215

**Paperwork may also be faxed or emailed to us at:**
Fax: (315) 492-8166
Email: Kathy Cummings at cummingk@sunyocc.edu or Amy Mech at mecha@sunyocc.edu

**PLEASE KEEP THIS PAGE TO REFER TO IF NECESSARY**
A doctor’s order is required for all prescription medication, over-the-counter medications, and natural remedies, including topical treatments.

Any medication that has been added or discontinued prior to arrival at New Visions must be accompanied by a written doctor’s order or a copy of the prescription.

___ This individual will not take any routine medications while attending New Visions.
___ This individual will take routine medications while attending New Visions.

Name: _______________________________ DOB: ________________ Location: New Visions, Week ______

Allergies: __________________________________________________________________________________________

Instructions: Please complete the Medication, Dosage, Frequency portion of the following table and return to us, along with the required doctor’s orders even if independent with medication administration. Thank you.

<table>
<thead>
<tr>
<th></th>
<th>Medication</th>
<th>Dosage</th>
<th>Frequency (i.e. 2 x per day)</th>
<th>Time (AM/PM/HS)</th>
<th>S</th>
<th>M</th>
<th>T</th>
<th>W</th>
<th>Th</th>
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Copy this page if necessary
New Visions Routine Standing Orders for Over-the-Counter Medications (Fill out, if applicable)

Our nurses will not administer any over-the-counter medications unless this form has been filled out by your healthcare provider.

**Individualized Orders For:**

Name: ______________________________________________________________________________ DOB: ___________________________

**Standard Over-the-Counter/PRN Medications** - The following medications are available and will be administered at the discretion of a registered nurse, if approval is indicated by the client’s healthcare provider.

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>Route</th>
<th>Dosage</th>
<th>Indications</th>
<th>Client Healthcare Provider Order</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tylenol (Acetaminophen)</td>
<td>PO</td>
<td>2 tabs (500mg)</td>
<td>q4 hr prn pain or fever &gt;100.4F</td>
<td>Yes No</td>
<td></td>
</tr>
<tr>
<td>Motrin</td>
<td>PO</td>
<td>2 tabs (400mg)</td>
<td>Q6 hr prn pain or fever &gt;100.4F</td>
<td>Yes No</td>
<td></td>
</tr>
<tr>
<td>Benadryl</td>
<td>PO</td>
<td>2 tabs (50mg)</td>
<td>Q4 hr prn allergic reaction</td>
<td>Yes No</td>
<td></td>
</tr>
</tbody>
</table>

Student's Healthcare Provider: ____________________________________________________ Phone #: ______________________________

Healthcare Provider’s Signature: __________________________________________________________________________________________

Print Name: _______________________________________________________________________ Date: ______________________________
Check-in here: Residence Hall B (Sunday at 7:00 PM)

Day Only student drop-off here: Gordon Student Center Cafeteria

Graduation here: Gordon Great Room (Friday at 5:30)
DIRECTIONS TO ONONDAGA COMMUNITY COLLEGE
MAIN CAMPUS

From North of Syracuse, Route 481

- Take 481 South to exit 1 for Brighton Ave.
- Turn left at Brighton Ave.
- Turn right at RT-173/E. Seneca Turnpike
- Continue to follow E Seneca Turnpike. Turn right at College entrance.

From South of Syracuse, Route 81

- Take Rt. 81 north to exit 16 (Nedrow).
- Turn left off exit on to Salina Street (Rt. 11) to Rt. 173 (W. Seneca Turnpike).
- Turn left on to Rt. 173 and continue 1.8 miles to intersection of Rt. 175. Bear left onto Rt. 175.
- Continue on Rt. 175 0.8 miles to second traffic light. Turn right at College entrance.

From Downtown Syracuse

- Take Salina St. south to Rt. 173 (W. Seneca Turnpike) and turn right.
- Continue on Rt. 173 1.8 miles to intersection of Rt. 175. Bear left onto Rt. 175.
- Continue on Rt. 175 0.8 miles to second traffic light. Turn right at College entrance.

From New York State Thruway, East or West

- Take Thruway exit #39 to Rt. 690 East.
- Continue on Rt. 690 to Rt. 695.
- Bear left on Rt. 695 to Fairmount/Rt. 5.
- Turn right on Rt. 5 (West Genesee St.) and follow to third traffic light.
- Turn left to Rt. 173 (Onondaga Rd.) and proceed 4 miles. Turn right at College entrance.