For over 15 years, our outstanding tennis staff has held fun and instructional tennis camps for players of all levels. At our camps we emphasize basic strokes (serve, groundstrokes, volleys), rules, scoring, footwork and game strategy. We work on both singles and doubles and run mini tournaments at the end of each session. Groups are organized by age and ability levels.

Coach John LaRose

Has been at Onondaga Community College for 23 years coaching intercollegiate tennis teams. He is a retired teacher from Onondaga Central (34 years). Coach LaRose was recently inducted into the National Tennis Coaches Hall of Fame and co-coached the 2008 NJCAA National Championship Men’s Tennis Team.

Coach Jeff Lonczak

Former tennis player at Onondaga Community College. In his third year coaching at OCC. Graduate of Onondaga in business, attended the University of Delaware and completed studies with a bachelor’s degree in business administration from Le Moyne College. He has coached men’s and women’s tennis at Le Moyne College and was the assistant coach of the boys and girls teams at Manlius Pebble-Hill School. He is a certified referee and tennis umpire and was the NJCAA National Doubles Champion in 1999 and the NJCAA National Singles Champion in 2000 while attending Onondaga. He is recently completed a master’s degree in education at SUNY Oswego and co-coached the 2008 NJCAA National Championship Men’s Tennis Team.

Additional Staff:

The remainder of the staff will be made up of former New York state ranked players and members of our nationally ranked Onondaga Men’s Tennis Team.

In case of inclement weather, camp will be moved indoors to OCC Gym or Pinegrove Tennis Club, Milton Ave., Camillus, NY. For more information, call 498-2654.

Detach and return this completed application with medical waiver to:

Onondaga Community College Association, Inc.
Attn: Auxiliary Services
4585 West Seneca Turnpike
Syracuse, NY 13215
(315) 498-2654

Make checks payable to:
Onondaga Community College Association, Inc.

2010 Onondaga Lazers Tennis Camp Registration

Name: ________________________________
Age: ________________________________
Address: ________________________________
City/Zip: ________________________________
Phone: ________________
E-mail: ________________________________
School: ________________________________
Grade (as of Fall 2010): ________________________________

Circle T-Shirt size:    S            M            L            XL            XXL
Circle:   Youth or Adult Size
Circle Session:

A   (9 – 10:30 a.m.)
B   (10:45 a.m. – 12:15 p.m.)
C   (9 a.m. – 12:15 p.m.)

Circle Week:  1    2    3    4    5    6

Tiny Tots Tennis
Ages 4-6
8:30 - 9 a.m. (M-F)
Cost: $50 for any one week

For information about our junior and adult clinics, leagues and lessons, call 498-2654
Personal / Medical Information

Date of Birth: 
Height: 
Weight: 

Date of last tetanus immunization: 
Medications currently taking: 
Allergies to medicines or other allergies: 
Conditions that physicians should be aware of: 
Restrictions while participating: 

Insurance Company: 
Policy Number: 

Emergency Information (Contact in case of emergency)

Name: 
Daytime Phone(s): 
Family Doctor: 
Phone: 

Authorization

As the parent/guardian of the above named child, I give my child permission to participate in the 2010 Onondaga Lazers Tennis Camp. I also attest that I have adequate medical coverage, and I authorize any medical treatment for my child which may be advised or recommended by Camp personnel while my child is a participant in the Camp. I agree to indemnify Onondaga Community College, Onondaga Community College Association, Inc. and the County of Onondaga and its employees for any claim which may hereafter be presented by my child as a result of any injuries which may occur as a result of his/her participation. Finally, I understand that by his/her participation, my child agrees to all rules and regulations of the Onondaga Lazers Tennis Camp, as established by the Camp Director.

Parent / Guardian Signature: 
Date: 

The total camp fee must accompany this application.