Mid-State Athletic Conference
2010 Men's Basketball

Pre-Season Notebook
January 5, 2009
Contact: Dave Pasiak
(315) 498-2510
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2008-2009 Final Conference Standings

<table>
<thead>
<tr>
<th>2009-10 Overall</th>
<th>2008-09 MSAC</th>
</tr>
</thead>
<tbody>
<tr>
<td>W-L</td>
<td>W-L</td>
</tr>
<tr>
<td>1. Jefferson</td>
<td>5-7</td>
</tr>
<tr>
<td>Finger Lakes</td>
<td>4-9</td>
</tr>
<tr>
<td>2. Finger Lakes</td>
<td>3-10</td>
</tr>
<tr>
<td>3. Onondaga</td>
<td>4-8</td>
</tr>
<tr>
<td>4. Corning</td>
<td>7-3</td>
</tr>
<tr>
<td>5. Cayuga</td>
<td>4-9</td>
</tr>
<tr>
<td>6. Broome</td>
<td>7-5</td>
</tr>
</tbody>
</table>

2009 Mid-State Athletic Conference Champion
Jefferson Community College

2009 Conference Championship Most Valuable Player
Dennis Oglesby, Jefferson

2009 Player of the Year
Kadeem Nicholas, Jefferson

2009 Coach of the Year
Charlie Bridge, Jefferson

2009 Players of the Week
1/12 Chris Cartwright, Tompkins Cortland
1/20 Kadeem Nicholas, Jefferson & Matt Potter, Onondaga
1/26 Kadeem Nicholas, Jefferson
2/2 Dom Mazzocchi, Finger Lakes
2/9 Kadeem Nicholas & Dennis Oglesby, Jefferson
2/18 Jorge Ebanks, Finger Lakes

News and notes:
Returning players listed in this report are in **BOLD**.
Tuesday, January 5
Tompkins Cortland @ Corning

Thursday, January 7
Onondaga @ Finger Lakes
Corning @ Jefferson
Cayuga @ Tompkins Cortland

Saturday, January 9
Broome @ Jefferson
Cayuga @ Onondaga
Tompkins Cortland @ Finger Lakes

Tuesday, January 12
Finger Lakes @ Broome
Corning @ Cayuga
Jefferson @ Tompkins Cortland

Thursday, January 14
Tompkins Cortland @ Broome
Onondaga @ Corning
Finger Lakes @ Jefferson

Saturday, January 16
Cayuga @ Jefferson
Broome @ Onondaga

Wednesday, January 20
Broome @ Cayuga
Corning @ Finger Lakes
Onondaga @ Jefferson

Saturday, January 23
Jefferson @ Corning
Cayuga @ Finger Lakes
Onondaga @ Tompkins Cortland

Wednesday, January 27
Corning @ Broome
Tompkins Cortland @ Cayuga
Finger Lakes @ Onondaga

Saturday, January 30
Jefferson @ Broome
Onondaga @ Cayuga
Finger Lakes @ Tompkins Cortland

Wednesday, February 3
Cayuga @ Corning
Broome @ Finger Lakes
Tompkins Cortland @ Jefferson

Saturday, February 6
Jefferson @ Finger Lakes
Corning @ Onondaga
Broome @ Tompkins Cortland

Wednesday, February 10
Onondaga @ Broome
Jefferson @ Cayuga
Corning @ Tompkins Cortland

Saturday, February 13
Cayuga @ Broome
Finger Lakes @ Corning
Jefferson @ Onondaga

Tuesday, February 16
Finger Lakes @ Cayuga
Broome @ Corning
Tompkins Cortland @ Onondaga

Saturday, February 20
Conference Semi-Finals

Sunday, February 21
Conference Championship Game
### Scoring Average

<table>
<thead>
<tr>
<th>Scoring</th>
<th>Defensive</th>
<th>Top Five Scoring Games</th>
<th>Top Five Defensive Games</th>
</tr>
</thead>
<tbody>
<tr>
<td>81.3, Jefferson</td>
<td>64.3, Finger Lakes</td>
<td>108, Onondaga (1/17)</td>
<td>44, Finger Lakes (2/4)</td>
</tr>
<tr>
<td>80.3, Onondaga</td>
<td>70.7, Jefferson</td>
<td>101, Broome (1/17)</td>
<td>47, Broome (2/17)</td>
</tr>
<tr>
<td>77.1, Tompkins Cortland</td>
<td>73.8, Broome</td>
<td>99, Onondaga (2/17)</td>
<td>49, Cayuga (2/14)</td>
</tr>
<tr>
<td>72.0, Cayuga</td>
<td>74.5, Corning</td>
<td>96, Jefferson (2/4)</td>
<td>51, Finger Lakes (2/17)</td>
</tr>
<tr>
<td>71.2, Finger Lakes</td>
<td>75.7, Cayuga</td>
<td>93, Jefferson (2/11)</td>
<td>55, Finger Lakes (1/31)</td>
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<tr>
<td>70.7, Corning</td>
<td>77.3, Onondaga</td>
<td>82.3, Tompkins Cortland</td>
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</tbody>
</table>

### 2009 Individual Stat Leaders

#### (returnees in BOLD)

<table>
<thead>
<tr>
<th>Scoring</th>
<th>Assists</th>
<th>Rebounds</th>
<th>Steals</th>
<th>Blocked Shots</th>
<th>Free Throw Pct.</th>
<th>3 Pt. Field Goal Percentage</th>
</tr>
</thead>
</table>

### Top Five Scoring Games

1. 108, Onondaga (1/17)
2. 101, Broome (1/17)
3. 99, Onondaga (2/17)
4. 96, Jefferson (2/4)
5. 93, Jefferson (2/11)

### Top Five Defensive Games

1. 44, Finger Lakes (2/4)
2. 47, Broome (2/17)
3. 49, Cayuga (2/14)
4. 51, Finger Lakes (2/17)
5. 55, Finger Lakes (1/31)