



# Mid-State Athletic Conference 2010 Women's Basketball

**Notebook #1  
January 11, 2010**

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## 2009-2010 Conference Standings

		<b>Overall</b>	<b>MSAC</b>			
		<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1.	<b>Jefferson</b>	7-8	2-0	1.000	2-0	0-0
	<b>Onondaga</b>	15-0	2-0	1.00	1-0	1-0
3.	<b>Tompkins Cortland</b>	7-6	2-1	.667	2-0	0-1
4.	<b>Cayuga</b>	8-7	1-1	.500	0-0	1-1
5.	<b>Broome</b>	12-2	0-1	.000	0-0	0-1
6.	<b>Corning</b>	4-11	0-2	.000	0-1	0-1
	<b>Finger Lakes</b>	12-3	0-2	.000	0-2	0-0

### MSAC Player of the Week

#### **Caitlyn Dillard, Cayuga**

Caitlyn scored 52 pts, pulled down 11 rebounds, had 10 assists and 10 steals in two games this week. She also scored her 1,000<sup>th</sup> career point on Thursday at Tompkins Cortland. Caitlyn now has scored 1,022 points in her career at Cayuga.

### 2010 Players of the Week

1/11 Caitlyn Dillard, Cayuga

### Honor Roll – Week #1

Lindsay Aulin, Corning  
Allie Bruet, Broome  
Brittany Cohen, Onondaga  
Nicole Perry, Jefferson  
Jenna Rossi, Onondaga  
Michelle Tuetken, Tompkins Cortland  
Shakista Woolfolk, Finger Lakes

### News and notes:

Due to the Martin Luther King Day holiday on Monday, 1/19, next week's reports aren't due until noon on Tuesday, 1/19.

Streaming audio of all Broome MSAC games is available at [southerntiersportsnetwork.com](http://southerntiersportsnetwork.com). Streaming audio of all Onondaga home games is available at [supermix.us](http://supermix.us).

Archived copies of all MSAC reports are available on the Onondaga website, [www.sunyocc.edu](http://www.sunyocc.edu).

# 2010 MSAC Women's Basketball Composite

home team in bold

*Tuesday, January 5*

Tompkins Cortland 72, **Corning 39**

*Thursday, January 7*

Onondaga 73, **Finger Lakes 50**

**Jefferson 57**, Corning 40

Cayuga 77, **Tompkins Cortland 72**

*Saturday, January 9*

**Jefferson 54**, Broome 53

**Onondaga 81**, Cayuga 46

Tompkins Cortland 57, **Finger Lakes 48**

*Tuesday, January 12*

Finger Lakes @ **Broome**

Corning @ **Cayuga**

Jefferson @ **Tompkins Cortland**

*Thursday, January 14*

Tompkins Cortland @ **Broome**

Onondaga @ **Corning**

Finger Lakes @ **Jefferson**

*Saturday, January 16*

Cayuga @ **Jefferson**

Broome @ **Onondaga**

*Wednesday, January 20*

Broome @ **Cayuga**

Corning @ **Finger Lakes**

Onondaga @ **Jefferson**

*Saturday, January 23*

Jefferson @ **Corning**

Cayuga @ **Finger Lakes**

Onondaga @ **Tompkins Cortland**

*Wednesday, January 27*

Corning @ **Broome**

Tompkins Cortland @ **Cayuga**

Finger Lakes @ **Onondaga**

*Saturday, January 30*

Jefferson @ **Broome**

Onondaga @ **Cayuga**

Finger Lakes @ **Tompkins Cortland**

*Wednesday, February 3*

Cayuga @ **Corning**

Broome @ **Finger Lakes**

Tompkins Cortland @ **Jefferson**

*Saturday, February 6*

Jefferson @ **Finger Lakes**

Corning @ **Onondaga**

Broome @ **Tompkins Cortland**

*Wednesday, February 10*

Onondaga @ **Broome**

Jefferson @ **Cayuga**

Corning @ **Tompkins Cortland**

*Saturday, February 13*

Cayuga @ **Broome**

Finger Lakes @ **Corning**

Jefferson @ **Onondaga**

*Tuesday, February 16*

Finger Lakes @ **Cayuga**

Broome @ **Corning**

Tompkins Cortland @ **Onondaga**

*Saturday, February 20*

Conference Semi-Finals

*Sunday, February 21*

Conference Championship Game

## 2010 MSAC Team Leaders

(regular season games only)

### Scoring Average

77.0, Onondaga
67.0, Tompkins Cortland
61.5, Cayuga
55.5, Jefferson
53.0, Broome
49.0, Finger Lakes
39.5, Corning

### Defensive Averages

46.5, Jefferson
48.0, Onondaga
54.0, Broome
54.7, Tompkins Cortland
64.5, Cayuga
65.0, Finger Lakes
76.5, Cayuga

### Top Five Scoring Games

81, Onondaga (1/9)
77, Cayuga (1/7)
73, Onondaga (1/7)
72, Tompkins Cortland (1/7)
72, Tompkins Cortland (1/5)

### Top Five Defensive Games

39, Tompkins Cortland (1/5)
40, Jefferson (1/7)
46, Onondaga (1/9)
48, Tompkins Cortland (1/9)
50, Onondaga (1/7)

## 2010 Individual Stat Leaders

(regular season MSAC only - minimum 2/3 of conference games played)

### Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
1. Caitlyn Dillard, Cayuga	2	52	26.0
2. Shakista Woolfolk, Finger Lakes	2	39	19.5
3. Lindsay Aulin, Corning	2	32	16.0
4. Jenna Rossi, Onondaga	2	31	15.5
5. Allie Bruet, Broome	1	15	15.0
6. Nicole Perry, Jefferson	2	27	13.5
7. Michelle Tuetken, Tompkins Cortland	3	35	11.7
8. Brittany Cohen, Onondaga	2	23	11.5
Ryan Iannello, Cayuga	2	23	11.5
10. Alyssa Georgiade, Tompkins Cortland	3	34	11.3

### Assists

	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Nicole Perry, Jefferson	2	14	7.0
2. Brittany Cohen, Onondaga	2	12	6.0
3. Molly Byrne, Onondaga	2	10	5.0
Caitlyn Dillard, Cayuga	2	10	5.0
Michelle Tuetken, Tompkins Cortland	3	15	5.0
6. Allie Bruet, Broome	1	4	4.0
7. Shakista Woolfolk, Finger Lakes	2	7	3.5
8. Becky Foster, Broome	1	3	3.0
Anne Buchert, Broome	1	3	3.0
10. Ashley Phillips, Jefferson	2	5	2.5

### Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>
1. Shakista Woolfolk, Finger Lakes	2	34	17.0
2. Anne Buchert, Broome	1	14	14.0
3. Caroline Francis, Cayuga	2	24	12.0
4. Amber White, Corning	2	20	10.0
Allie Bruet, Broome	1	10	10.0
6. Katie Currier, Tompkins Cortland	3	29	9.7
7. Miranda Desanctis, Broome	1	8	8.0
Caryn Crary, Onondaga	2	16	8.0
9. Alicia Bradberry, Jefferson	2	14	7.0
Megan Maycumber, Onondaga	2	14	7.0

### Steals

	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. Jenna Rossi, Onondaga	2	12	6.0
2. Becky Foster, Broome	1	5	5.0
Caitlyn Dillard, Cayuga	2	10	5.0
4. Michelle Tuetken, Tompkins Cortland	3	14	4.7
5. Blake Shelton, Broome	1	4	4.0
Molly Byrne, Onondaga	2	8	4.0
7. Nicole Perry, Jefferson	2	7	3.5
8. Stacy Reed, Corning	2	6	3.0
Alicia Uhlein, Jefferson	2	6	3.0
10. Alyssa Georgiade, Tompkins Cortland	3	8	2.7

### Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>
1. Shakista Woolfolk, Finger Lakes	2	8	4.0
2. Lindsay Aulin, Corning	2	6	3.0
Becky Foster, Broome	1	3	3.0
Kayla Trail, Onondaga	2	6	3.0
5. Katie Currier, Tompkins Cortland	3	7	2.3
6. Tara Gervera, Jefferson	2	4	2.0
Miranda Desanctis, Broome	1	2	2.0
Allie Bruet, Broome	1	2	2.0
9. 3 players			1.5

### Free Throw Pct.

	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Jenna Rossi, Onondaga	6	6	100.0
2. Brittany Cohen, Onondaga	7	8	87.5
3. Mackenzie Stilwell, Tompkins Cort.	6	7	85.7
4. Allie Bruet, Broome	8	10	80.0
Alyssa Georgiade, Tompkins Cortland	8	10	80.0
6. Shakista Woolfo9lk, Finger Lakes	9	12	75.0
Miranda Desanctis, Broome	3	4	75.0
Kyla Knapp, Tompkins Cortland	6	8	75.0
9. Caitlyn Dillard, Cayuga	18	25	72.0
10. Alicia Bradberry, Jefferson	5	7	71.4

### Field Goal Percentage

	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>
1. Dana Stenhouse, Jefferson	7	11	63.6
2. Ashley Phillips, Jefferson	7	12	58.3
3. Jenna Rossi, Onondaga	12	21	57.1
4. Ryan Iannello, Cayuga	11	21	52.4
5. Molly Byrne, Onondaga	8	16	50.0
6. Caroline Francis, Cayuga	6	13	46.2
7. Amber White, Corning	8	18	44.4
8. Alyssa Georgiade, Tompkins Cortland	12	29	41.4
9. Becky Foster, Broome	2	5	40.0
10. 2 players			38.5

### 3 Pt. Field Goal Percentage

	<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
1. Jenna Rossi, Onondaga	4	6	66.7
2. Brittany Cohen, Onondaga	4	8	50.0
3. Michelle Tuetken, Tompkins Cortland	5	14	35.7
4. Alicia Uhlein, Jefferson	2	6	33.3
Katie Demay, Cayuga	5	15	33.3
6. Nicole Perry, Jefferson	5	16	31.3
7. Janelle Shipos, Tompkins Cortland	3	11	27.3
8. Caitlyn Dillard, Cayuga	4	19	21.1
9. Allie Bruet, Broome	1	5	20.0
10. Nakisha Graham, Corning	1	7	14.2