



Mid-State Athletic Conference 2009 Women's Basketball

**Notebook #2
January 20, 2009**

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Conference Standings

		Overall	MSAC			
		<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1.	Cayuga	15-3	3-0	1.000	2-0	1-0
	Finger Lakes	13-2	3-0	1.000	2-0	1-0
3.	Onondaga	13-4	2-1	.667	1-0	1-1
4.	Broome	10-3	2-2	.500	1-1	1-1
	Jefferson	6-9	2-2	.500	1-1	1-1
6.	Tompkins Cortland	10-7	1-4	.333	1-1	0-3
7.	Corning	4-14	0-4	.000	0-2	0-2

MSAC Player of the Week

Brittany Williams, Finger Lakes

Brittany led the Lakers to two wins on the week. She recorded a double double against Broome with 14 points and 10 rebounds. Against Jefferson, she posted a triple double with 18 points, 18 rebounds, and 10 assists.

2009 Players of the Week

1/12 Caitlyn Dillard, Cayuga

1/20 Brittany Williams, Finger Lakes

Honor Roll – Week #2

Kristen Diglio, Onondaga

Caitlyn Dillard, Corning

Becky Dittler, Corning

Jenn Iler, Tompkins Cortland

Megan Myers, Corning

Corissa Quattrini, Cayuga

Jenna Rossi, Onondaga

Kelsey Schloop, Jefferson

Michelle Tuetken, Tompkins Cortland

News and notes:

Streaming audio of all Broome MSAC games is available at www.southerntiersportsnetwork.com. Streaming audio of all Onondaga home games is available at supermix.us.

Archived copies of all MSAC notebooks are available on the Onondaga Community College website, www.sunyocc.edu.

All coaches are asked to report field goal percentage, free throw percentage, and three point percentage accurate to at least one-tenth of a percent.

2009 MSAC Women's Basketball Composite

home team in bold

Tuesday, January 6

Tompkins Cortland 77, Corning 31

Thursday, January 8

Jefferson 69, **Corning 48**

Cayuga 81, Tompkins Cortland 66

Saturday, January 10

Broome 59, Jefferson 43

Cayuga 78, Onondaga 74

Finger Lakes 86, Tompkins Cortland 55

Tuesday, January 13

Finger Lakes 48, Broome 47

Cayuga 74, **Corning 60**

Jefferson 64, Tompkins Cortland 54

Thursday, January 15

Broome 65, **Tompkins Cortland 61**

Onondaga 93, Corning 38

Finger Lakes 66, **Jefferson 58**

Saturday, January 17

Onondaga 72, **Broome 63**

Wednesday, January 21

Cayuga @ **Broome**

Finger Lakes @ **Corning**

Jefferson @ **Onondaga**

Saturday, January 24

Corning @ **Jefferson**

Finger Lakes @ **Cayuga**

Tompkins Cortland @ **Onondaga**

Monday, January 26

Jefferson @ **Cayuga**

Wednesday, January 28

Broome @ **Corning**

Cayuga @ **Tompkins Cortland**

Onondaga @ **Finger Lakes**

Saturday, January 31

Broome @ **Jefferson**

Cayuga @ **Onondaga**

Finger Lakes @ **Tompkins Cortland**

Wednesday, February 4

Corning @ **Cayuga**

Finger Lakes @ **Broome**

Jefferson @ **Tompkins Cortland**

Saturday, February 7

Jefferson @ **Finger Lakes**

Onondaga @ **Corning**

Tompkins Cortland @ **Broome**

Tuesday, February 10

Broome @ **Onondaga**

Wednesday, February 11

Cayuga @ **Jefferson**

Tompkins Cortland @ **Corning**

Thursday, February 12

Finger Lakes @ **Onondaga**

Saturday, February 14

Broome @ **Cayuga**

Corning @ **Finger Lakes**

Sunday, February 15

Onondaga @ **Jefferson**

Tuesday, February 17

Cayuga @ **Finger Lakes**

Corning @ **Broome**

Onondaga @ **Tompkins Cortland**

Saturday, February 23

Conference Semi-Finals

Sunday, February 24

Conference Championship Game

2009 MSAC Team Leaders

(regular season games only)

Scoring Average

79.7, Onondaga
77.7, Cayuga
66.7, Finger Lakes
62.6, Tompkins Cortland
58.5, Broome
58.5, Jefferson
44.3, Corning

Defensive Averages

53.3, Finger Lakes
56.0, Broome
56.8, Jefferson
59.7, Onondaga
65.4, Tompkins Cortland
66.7, Cayuga
78.3, Corning

Top Five Scoring Games

93, Onondaga (1/15)
86, Finger Lakes (1/10)
81, Cayuga (1/8)
78, Cayuga (1/10)
77, Tompkins Cortland (1/6)

Top Five Defensive Games

31, Tompkins Cortland (1/6)
38, Onondaga (1/15)
43, Broome (1/10)
47, Finger Lakes (1/13)
48, Broome (1/13)
48, Jefferson (1/8)

2009 Individual Stat Leaders

(regular season only - minimum 2/3 of conference games played)

Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
1. Caitlyn Dillard, Cayuga	3	78	26.0
2. Corissa Quattrini, Cayuga	3	57	19.0
3. Brittany Williams, Finger Lakes	3	55	18.3
4. Becky Dittler, Corning	4	70	17.5
5. Brittany Finkle, Broome	4	56	14.0
6. Kristen Diglio, Onondaga	3	47	15.6
7. Alyssa Polosky, Broome	4	57	14.3
8. Brittany Finkle, Broome	4	56	14.0
Caryn Crary, Onondaga	3	42	14.0
10. Michelle Tuetken, Tompkins Cortland	5	69	13.8

Assists

	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Brittany Williams, Finger Lakes	3	20	6.7
Kristen Diglio, Onondaga	3	20	6.7
3. Elly Disbrow, Finger Lakes	3	18	6.0
4. Shakeema Green, Cayuga	3	16	5.3
5. Kristen Diglio, Onondaga	3	15	5.0
6. Nicole Perry, Jefferson	4	18	4.5
7. Molly Byrne, Onondaga	3	12	4.0
8. Michelle Tuetken, Tompkins Cortland	5	19	3.8
9. Caitlyn Dillard, Cayuga	3	11	3.7
10. Aimee Kellicutt, Broome	4	14	3.5

Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>
1. Brittany Williams, Finger Lakes	3	46	15.3
2. Caryn Crary, Onondaga	3	38	12.7
3. Corissa Quattrini, Cayuga	3	33	11.0
4. Becky Dittler, Corning	4	43	10.8
5. Megan Maycumber, Onondaga	3	28	9.3
6. Amber White, Corning	4	33	8.3
7. Alyssa Polosky, Broome	4	31	7.8
8. Jackie Vincent, Finger Lakes	3	19	6.3
9. Alyssa Georgieade, Tompkins Cortland	5	29	5.8
10. Annakay Broderick, Tompkins Cort.	4	23	5.8

Steals

	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. Brittany Finkle, Broome	4	20	5.0
2. Caitlyn Dillard, Cayuga	3	14	4.7
3. Shakeema Green, Cayuga	3	10	3.3
Jenna Rossi, Onondaga	3	10	3.3
5. Kelsey Schloop, Jefferson	4	13	3.3
6. Annakay Broderick, Tompkins Cort.	4	12	3.0
Kristen Diglio, Onondaga	3	9	3.0
8. Alyssa Georgieade, Tompkins Cortland	5	14	2.8
9. Aimee Kellicutt, Broome	4	10	2.4
10. 2 players			2.3

Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>
1. Becky Dittler, Corning	4	20	5.0
2. Alyssa Polosky, Broome	4	9	2.3
3. Katie Currier, Tompkins Cortland	5	8	1.6
4. Brittany Williams, Finger Lakes	3	4	1.3
5. Michelle Tuetken, Tompkins Cortland	5	6	1.2
6. Kyla Knapp, Tompkins Cortland	5	5	1.0
Megan Maycumber, Onondaga	3	3	1.0
Ashley Phillips, Jefferson	4	4	1.0
9. Alicia Bradberry, Jefferson	4	3	0.8
10. Shakeema Green, Cayuga	3	2	0.7

Free Throw Pct.

	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Molly Byrne, Onondaga	7	7	100.0
Ryan Reeder, Cayuga	5	5	100.0
3. Jackie Vincent, Finger Lakes	10	13	76.9
Dana Stenhouse, Jefferson	10	13	76.9
5. Kristen Diglio, Onondaga	6	8	75.0
6. Corissa Quattrini, Cayuga	14	19	73.7
Brittany Williams, Finger Lakes	14	19	73.7
8. Kristen Komorowski, Broome	8	11	72.7
9. Alyssa Polosky, Broome	18	26	69.2
Megan Myers, Corning	9	13	69.2

Field Goal Percentage

	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>
1. Kristen Diglio, Onondaga	17	24	70.8
2. Molly Byrne, Onondaga	15	25	60.0
3. Brittany Finkle, Broome	20	34	58.8
4. Brittany Williams, Finger Lakes	20	35	57.1
5. Alyssa Polosky, Broome	19	34	55.8
6. Sam Gable, Finger Lakes	12	22	54.5
7. Arielle Leblanc, Cayuga	7	13	53.8
8. Caitlyn Dillard, Cayuga	32	73	43.8
9. Ashlee Langley, Finger Lakes	13	30	43.3
10. 2 players			42.9

3 Pt. Field Goal Percentage

	<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
1. Kristen Diglio, Onondaga	8	12	66.7
Arielle Leblanc, Cayuga	4	6	66.7
3. Molly Byrne, Onondaga	7	14	50.0
Jordyn Eckman, Finger Lakes	3	6	50.0
Amanda Materski, Broome	5	10	50.0
6. Corissa Quattrini, Cayuga	7	15	46.7
7. Jennifer Iler, Tompkins Cortland	12	31	38.7
8. Ashlee Langley, Finger Lakes	5	13	38.5
9. Nicole Perry, Jefferson	7	19	36.9
10. Kelsey Schloop, Jefferson	14	39	35.9

2008-09 Stat Leaders – All Games

(from official NJCAA National Statistics as of 1/18/09 – National Rankings included)

<u>Scoring</u>	<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Assists</u>	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Caitlyn Dillard, Cayuga	16	408	25.5	3. Kristin Diglio, Onondaga	11	69	6.3
6. Brittany Williams, Finger Lakes	15	305	20.3	4. Brittany Williams, Finger Lakes	15	92	6.1
9. Corissa Quattrini, Cayuga	16	313	19.6	12. Molly Byrne, Onondaga	11	54	4.9
11. Rebecca Dittler, Corning	14	263	18.8	14. Caitlyn Dillard, Cayuga	16	77	4.8
26. Jenna Rossi, Onondaga	11	181	16.5	20. Shakeema Green, Cayuga	18	77	4.3
31. Molly Byrne, Onondaga	11	170	15.5	38. Jenna Rossi, Onondaga	11	39	3.5
46. Shakeema Green, Cayuga	18	243	13.5	46. Ryan Reeder, Cayuga	18	61	3.4
				47. Michelle Tuetken, Tompkins Cortland	15	50	3.3
<u>Rebounds</u>	<u>GP</u>	<u>Reb</u>	<u>RPG</u>	<u>Steals</u>	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
2. Brittany Williams, Finger Lakes	15	263	17.5	4. Caitlyn Dillard, Cayuga	16	85	5.3
18. Caryn Crary, Onondaga	11	114	10.4	8. Jenna Rossi, Onondaga	11	47	4.3
21. Corissa Quattrini, Cayuga	16	161	10.1	10. Kristin Diglio, Onondaga	11	45	4.1
23. Rebecca Dittler, Corning	14	139	9.9	14. Shakeema Green, Cayuga	18	69	3.8
32. Alyssa Polosky, Broome	13	119	9.2	21. Brittany Williams, Finger Lakes	15	53	3.5
46. Megan Maycumber, Onondaga	11	85	7.7	25. Caryn Crary, Onondaga	11	38	3.5
				33. Brittany Finkle, Broome	13	40	3.1
<u>Blocked Shots</u>	<u>GP</u>	<u>Blk</u>	<u>BPG</u>	<u>Free Throw Pct.</u>	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
10. Rebecca Dittler, Corning	14	37	2.6	2. Molly Byrne, Onondaga	42	48	87.5
12. Alyssa Polosky, Broome	13	30	2.3	12. Corissa Quattrini, Cayuga	69	87	79.3
30. Katie Currier, Tompkins Cortland	14	17	1.2	23. Caryn Crary, Onondaga	24	32	75.0
34. Kyla Knapp, Tompkins Cortland	14	15	1.1	31. Jenna Rossi, Onondaga	36	49	73.5
36. Megan Maycumber, Onondaga	11	11	1.0	35. Alyssa Polosky, Broome	42	58	72.4
				43. Aimee Kellicutt, Broome	31	44	70.5
				46. Kristen Komorowski, Broome	23	33	69.7
<u>Field Goal Percentage</u>	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>3 Pt. Field Goal Percentage</u>	<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
1. Arielle LeBlanc, Cayuga	25	37	67.6	7. Kristin Diglio, Onondaga	32	62	51.6
3. Kristin Diglio, Onondaga	46	73	63.0	8. Aimee Kellicutt, Broome	15	30	50.0
4. Molly Byrne, Onondaga	57	92	62.0	12. Jenna Rossi, Onondaga	15	33	45.5
9. Caryn Crary, Onondaga	51	86	59.3	24. Corissa Quattrini, Cayuga	26	71	36.6
23. Megan Maycumber, Onondaga	41	77	53.2	35. Shakeema Green, Cayuga	32	95	33.7
25. Alyssa Polosky, Broome	61	116	52.6	40. Jennifer Iler, Tompkins Cortland	32	107	29.9
30. Jenna Rossi, Onondaga	65	128	50.8				
34. Caitlyn Dillard, Cayuga	167	337	49.6				
39. Brittany Williams, Finger Lakes	110	227	48.5				
<u>Team Defensive Average</u>	<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Team Offensive Average</u>	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
2. Broome	13	637	49.0	4. Onondaga	11	915	83.2
9. Finger Lakes	15	828	55.2	15. Finger Lakes	15	1024	68.3
16. Corning	16	931	58.2	16. Tompkins Cortlans	15	1001	66.7
23. Tompkins Cortland	15	961	64.1	23. Broome	13	800	61.5
28. Onondaga	11	741	67.4	36. Corning	16	823	51.4
<u>Team Field Goal Percentage</u>	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>Team 3 Pt. Field Goal Percentage</u>	<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
3. Onondaga	331	696	47.6	3. Onondaga	83	175	47.4
15. Broome	300	745	40.3	10. Broome	49	146	33.6
16. Finger Lakes	384	955	40.2	22. Finger Lakes	37	136	27.2
30. Tompkins Cortland	379	1115	34.0				
33. Corning	221	733	30.2				
<u>Team Free Throw Pct.</u>	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>				
1. Onondaga	170	233	73.0				
14. Tompkins Cortland	192	306	62.8				
16. Broome	151	243	62.1				
24. Corning	184	316	58.2				
25. Finger Lakes	219	378	57.9				