



# Mid-State Athletic Conference 2010 Women's Basketball

**Notebook #2  
January 19, 2010**

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## 2009-2010 Conference Standings

		<b>Overall</b>	<b>MSAC</b>			
		<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1.	<b>Onondaga</b>	18-0	4-0	1.000	2-0	2-0
2.	<b>Tompkins Cortland Jefferson</b>	8-7	3-2	.600	3-0	0-2
		8-10	3-2	.600	3-1	0-1
4.	<b>Cayuga</b>	10-8	2-2	.500	1-0	1-2
	<b>Broome</b>	14-3	2-2	.500	2-0	0-2
6.	<b>Finger Lakes</b>	13-4	1-3	.250	0-2	1-1
7.	<b>Corning</b>	4-13	0-4	.000	0-2	0-2

### MSAC Player of the Week

#### **Shakista Woolfolk, Finger Lakes**

Shakista averaged 22.5 points, 21 rebounds, 4 blocks, and 4.5 steals as the Lakers split a pair of road games, She had 35 points and 26 rebounds against Broome, and followed that with a 10 point, 16 rebound effort in a win at Jefferson.

### 2010 Players of the Week

1/11 Caitlyn Dillard, Cayuga

1/19 Shakista Woolfolk, Finger Lakes

### Honor Roll – Week #2

Lindsay Aulin, Corning

Anne Buchert, Broome

Brittany Cohen, Onondaga

Caitlyn Dillard, Cayuga

Nakisha Graham, Corning

Nicole Perry, Jefferson

Blake Shelton, Broome

Mackenzie Stilwell, Tompkins Cortland

### News and notes:

Streaming audio of all Broome MSAC games is available at [southerntiersportsnetwork.com](http://southerntiersportsnetwork.com). Streaming audio of all Onondaga home games is available at [supermix.us](http://supermix.us).

Archived copies of all MSAC reports are available on the Onondaga website, [www.sunyocc.edu](http://www.sunyocc.edu).

# 2010 MSAC Women's Basketball Composite

home team in bold

*Tuesday, January 5*

Tompkins Cortland 72, **Corning 39**

*Thursday, January 7*

Onondaga 73, **Finger Lakes 50**

**Jefferson 57**, Corning 40

Cayuga 77, **Tompkins Cortland 72**

*Saturday, January 9*

**Jefferson 54**, Broome 53

**Onondaga 81**, Cayuga 46

Tompkins Cortland 57, **Finger Lakes 48**

*Tuesday, January 12*

**Broome 87**, Finger Lakes 74

**Cayuga 68**, Corning 49

**Tompkins Cortland 59**, Jefferson 42

*Thursday, January 14*

**Broome 51**, Tompkins Cortland 49

Onondaga 100, **Corning 52**

Finger Lakes 60, **Jefferson 52**

*Saturday, January 16*

**Jefferson 75**, Cayuga 71 (OT)

**Onondaga 68**, Broome 44

*Wednesday, January 20*

Broome @ **Cayuga**

Corning @ **Finger Lakes**

Onondaga @ **Jefferson**

*Saturday, January 23*

Jefferson @ **Corning**

Cayuga @ **Finger Lakes**

Onondaga @ **Tompkins Cortland**

*Wednesday, January 27*

Corning @ **Broome**

Tompkins Cortland @ **Cayuga**

Finger Lakes @ **Onondaga**

*Saturday, January 30*

Jefferson @ **Broome**

Onondaga @ **Cayuga**

Finger Lakes @ **Tompkins Cortland**

*Wednesday, February 3*

Cayuga @ **Corning**

Broome @ **Finger Lakes**

Tompkins Cortland @ **Jefferson**

*Saturday, February 6*

Jefferson @ **Finger Lakes**

Corning @ **Onondaga**

Broome @ **Tompkins Cortland**

*Wednesday, February 10*

Onondaga @ **Broome**

Jefferson @ **Cayuga**

Corning @ **Tompkins Cortland**

*Saturday, February 13*

Cayuga @ **Broome**

Finger Lakes @ **Corning**

Jefferson @ **Onondaga**

*Tuesday, February 16*

Finger Lakes @ **Cayuga**

Broome @ **Corning**

Tompkins Cortland @ **Onondaga**

*Saturday, February 20*

Conference Semi-Finals

*Sunday, February 21*

Conference Championship Game

## 2010 MSAC Team Leaders

(regular season games only)

### Scoring Average

80.5, Onondaga  
65.5, Cayuga  
61.8, Tompkins Cortland  
58.8, Broome  
58.0, Finger Lakes  
56.0, Jefferson  
45.0, Corning

### Defensive Averages

48.0, Onondaga  
51.4, Tompkins Cortland  
56.6, Jefferson  
61.3, Broome  
67.3, Finger Lakes  
69.3, Cayuga  
74.3, Corning

### Top Five Scoring Games

100, Onondaga (1/14)  
87, Broome (1/12)  
81, Onondaga (1/9)  
77, Cayuga (1/7)  
75, Jefferson (1/16)

### Top Five Defensive Games

39, Tompkins Cortland (1/5)  
40, Jefferson (1/7)  
42, Tompkins Cortland (1/12)  
44, Onondaga (1/16)  
46, Onondaga (1/9)

## 2010 Individual Stat Leaders

(regular season MSAC only - minimum 2/3 of conference games played)

### Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Assists</u>	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Caitlyn Dillard, Cayuga	4	114	28.5	1. Nicole Perry, Jefferson	5	31	6.2
2. Shakista Woolfolk, Finger Lakes	4	84	21.0	2. Brittany Cohen, Onondaga	4	24	6.0
3. Lindsay Aulin, Corning	4	63	15.8	3. Caitlyn Dillard, Cayuga	4	20	5.0
4. Jenna Rossi, Onondaga	4	62	15.5	4. Michelle Tuetken, Tompkins Cortland	5	23	4.6
5. Anne Buchert, Broome	4	61	15.3	5. Allie Bruet, Broome	4	17	4.3
6. Brittany Cohen, Onondaga	4	58	14.5	6. Molly Byrne, Onondaga	4	16	4.0
7. Blake Shelton, Broome	4	52	13.0	7. Anne Buchert, Broome	4	13	3.3
Nicole Perry, Jefferson	5	65	13.0	8. Becky Foster, Broome	4	11	2.8
9. Molly Byrne, Onondaga	4	50	12.5	Shakista Woolfolk, Finger Lakes	4	11	2.8
10. 2 players			12.3	Brandy Earl, Finger Lakes	4	11	2.8

### Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>	<u>Steals</u>	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. Shakista Woolfolk, Finger Lakes	4	76	19.0	1. Caitlyn Dillard, Cayuga	4	25	6.3
2. Caroline Francis, Cayuga	4	57	14.3	2. Jenna Rossi, Onondaga	4	22	5.5
3. Anne Buchert, Broome	4	40	10.0	3. Molly Byrne, Onondaga	4	16	4.0
4. Amber White, Corning	4	37	9.3	4. Anne Buchert, Broome	4	13	3.3
5. Caryn Crary, Onondaga	4	35	8.8	Miranda Desanctis, Broome	4	13	3.3
6. Katie Currier, Tompkins Cortland	5	42	8.4	Shakista Woolfolk, Finger Lakes	4	13	3.3
7. Alicia Bradberry, Jefferson	5	40	8.0	7. Nicole Perry, Jefferson	5	16	3.2
8. Megan Maycumber, Onondaga	4	30	7.5	8. Alicia Uhlein, Jefferson	4	12	3.0
9. Alyssa Georgiade, Tompkins Cortland	5	37	7.4	Michelle Tuetken, Tompkins Cortland	5	15	3.0
10. Caitlyn Dillard, Cayuga	4	28	7.0	10. Becky Foster, Broome	4	11	2.8

### Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>	<u>Free Throw Pct.</u>	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Shakista Woolfolk, Finger Lakes	4	16	4.0	1. Jenna Rossi, Onondaga	17	19	89.5
2. Kayla Trail, Onondaga	4	12	3.0	2. Brittany Cohen, Onondaga	22	26	84.6
3. Katie Currier, Tompkins Cortland	5	11	2.2	3. Allie Bruet, Broome	21	26	80.8
4. Tara Gervera, Jefferson	5	8	1.6	4. Miranda Desanctis, Broome	8	10	80.0
5. Lindsay Aulin, Corning	4	6	1.5	5. Anne Buchert, Broome	21	28	75.0
Michelle Degnan, Finger Lakes	4	6	1.5	Caitlyn Dillard, Cayuga	30	40	75.0
Megan Maycumber, Onondaga	4	6	1.5	7. Janelle Shipos, Jefferson	18	25	72.7
8. Ashley Phillips, Jefferson	5	7	1.4	8. Alicia Bradberry, Jefferson	18	25	72.0
9. Allie Bruet, Beome	4	5	1.3	9. Kyla Knapp, Tompkins Cortland	8	12	66.7
10. 2 players			1.0	10. Lindsay Aulin, Corning	29	44	65.9

### Field Goal Percentage

	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>3 Pt. Field Goal Percentage</u>	<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
1. Jenna Rossi, Onondaga	20	38	52.6	1. Jenna Rossi, Onondaga	11	20	55.0
2. Molly Byrne, Onondaga	20	40	50.0	2. Brittany Cohen, Onondaga	11	27	40.7
3. Alyssa Georgiade, Tompkins Cortland	20	41	48.8	3. Michelle Tuetken, Tompkins Cortland	8	22	36.4
4. Katie Currier, Tompkins Cortland	16	33	48.5	4. Katrina Davenport, Finger Lakes	5	14	35.7
5. Amber White, Corning	15	31	48.4	5. Anne Buchert, Broome	4	12	33.3
6. Shakista Woolfolk, Finger Lakes	36	80	45.0	Ashley Langley, Finger Lakes	5	15	33.3
7. Ryan Ianello, Cayuga	22	49	44.9	7. Nicole Perry, Jefferson	14	46	30.4
8. Tara Gervera, Jefferson	10	23	43.5	8. Katie Demay, Cayuga	9	30	30.0
9. Alicia Bradberry, Jefferson	18	42	42.9	9. Blake Shelton, Broome	8	29	27.6
10. Ashley Phillips, Jefferson	17	40	42.5	10. Nakisha Graham, Corning	3	12	25.0