



Mid-State Athletic Conference 2009 Women's Basketball

**Notebook #3
January 26, 2009**

Contact: Dave Pasiak
(315) 498-2510
pasiakd@sunyocc.edu

Conference Standings

		<u>Overall</u>	<u>MSAC</u>			
		<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1.	Cayuga	16-4	4-1	.800	3-0	1-1
	Finger Lakes	15-3	4-1	.800	2-0	2-1
	Onondaga	15-4	4-1	.800	3-0	1-1
4.	Broome	11-3	3-2	.600	2-1	1-1
5.	Jefferson	7-10	3-3	.500	2-1	1-2
6.	Tompkins Cortland	10-8	1-5	.167	1-1	0-4
7.	Corning	4-16	0-6	.000	0-3	0-3

MSAC Player of the Week

Jenna Rossi, Onondaga

Jenna led Onondaga to wins over Jefferson and Tompkins Cortland last week, going a perfect 10 for 10 from the three-point line in the process. She scored 14 points against Jefferson, then tallied 30 points including a school record 8 three-point goals against Tompkins Cortland

2009 Players of the Week

1/12 Caitlyn Dillard, Cayuga
1/20 Brittany Williams, Finger Lakes
1/26 Jenna Rossi, Onondaga

Honor Roll – Week #3

Caitlyn Dillard, Cayuga
Becky Dittler, Corning
Shakeema Green, Cayuga
Jennifer Iler, Tompkins Cortland
Megan Maycumber, Onondaga
Alyssa Polosky, Broome
Kelsey Schloop, Jefferson
Dana Stenhouse, Jefferson
Brittany Williams, Finger Lakes

News and notes:

Streaming audio of all Broome MSAC games is available at www.southerntiersportsnetwork.com. Streaming audio of all Onondaga home games is available at supermix.us.

Archived copies of all MSAC notebooks are available on the Onondaga Community College website, www.sunyocc.edu.

All coaches are asked to report field goal percentage, free throw percentage, and three point percentage accurate to at least one-tenth of a percent, and per game averages accurate to the nearest tenth.

2009 MSAC Women's Basketball Composite

home team in bold

Tuesday, January 6

Tompkins Cortland 77, Corning 31

Thursday, January 8

Jefferson 69, **Corning 48**

Cayuga 81, Tompkins Cortland 66

Saturday, January 10

Broome 59, Jefferson 43

Cayuga 78, Onondaga 74

Finger Lakes 86, Tompkins Cortland 55

Tuesday, January 13

Finger Lakes 48, Broome 47

Cayuga 74, **Corning 60**

Jefferson 64, Tompkins Cortland 54

Thursday, January 15

Broome 65, **Tompkins Cortland 61**

Onondaga 93, Corning 38

Finger Lakes 66, **Jefferson 58**

Saturday, January 17

Onondaga 72, **Broome 63**

Wednesday, January 21

Broome 69, Cayuga 54

Finger Lakes 64, **Corning 49**

Onondaga 64, Jefferson 52

Saturday, January 24

Jefferson 73, Corning 58

Cayuga 67, Finger Lakes 66

Onondaga 86, Tompkins Cortland 57

Monday, January 26

Jefferson @ **Cayuga**

Wednesday, January 28

Broome @ **Corning**

Cayuga @ **Tompkins Cortland**

Onondaga @ **Finger Lakes**

Saturday, January 31

Broome @ **Jefferson**

Cayuga @ **Onondaga**

Finger Lakes @ **Tompkins Cortland**

Wednesday, February 4

Corning @ **Cayuga**

Finger Lakes @ **Broome**

Jefferson @ **Tompkins Cortland**

Saturday, February 7

Jefferson @ **Finger Lakes**

Onondaga @ **Corning**

Tompkins Cortland @ **Broome**

Tuesday, February 10

Broome @ **Onondaga**

Wednesday, February 11

Cayuga @ **Jefferson**

Tompkins Cortland @ **Corning**

Thursday, February 12

Finger Lakes @ **Onondaga**

Saturday, February 14

Broome @ **Cayuga**

Corning @ **Finger Lakes**

Sunday, February 15

Onondaga @ **Jefferson**

Tuesday, February 17

Cayuga @ **Finger Lakes**

Corning @ **Broome**

Onondaga @ **Tompkins Cortland**

Saturday, February 23

Conference Semi-Finals

Sunday, February 24

Conference Championship Game

2009 MSAC Team Leaders

(regular season games only)

Scoring Average

77.8, Onondaga
70.8, Cayuga
66.0, Finger Lakes
61.7, Tompkins Cortland
60.6, Broome
59.8, Jefferson
47.3, Corning

Defensive Averages

55.2, Finger Lakes
55.6, Broome
57.6, Onondaga
58.2, Jefferson
67.0, Cayuga
68.8, Tompkins Cortland
75.0, Corning

Top Five Scoring Games

93, Onondaga (1/15)
86, Onondaga (1/24)
86, Finger Lakes (1/10)
81, Cayuga (1/8)
78, Cayuga (1/10)

Top Five Defensive Games

31, Tompkins Cortland (1/6)
38, Onondaga (1/15)
43, Broome (1/10)
47, Finger Lakes (1/13)
48, Broome (1/13)
48, Jefferson (1/8)

2009 Individual Stat Leaders

(regular season only - minimum 2/3 of conference games played)

Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
1. Caitlyn Dillard, Cayuga	5	118	23.6
2. Brittany Williams, Finger Lakes	5	100	20.0
3. Becky Dittler, Corning	6	107	17.8
4. Corissa Quattrini, Cayuga	5	85	17.0
5. Jenna Rossi, Onondaga	5	79	15.8
6. Alyssa Polosky, Broome	5	78	15.6
7. Brittany Finkle, Broome	5	75	15.0
8. Shakeema Green, Cayuga	5	72	14.4
9. Ashlee Langley, Finger Lakes	5	70	14.0
10. Kelsey Schloop, Jefferson	6	83	13.8

Assists

	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Kristen Diglio, Onondaga	5	30	6.0
2. Elly Disbrow, Finger Lakes	5	28	5.6
Brittany Williams, Finger Lakes	5	28	5.6
4. Nicole Perry, Jefferson	6	28	4.7
5. Jenna Rossi, Onondaga	5	22	4.4
6. Molly Byrne, Onondaga	5	20	4.0
Shakeema Green, Cayuga	5	20	4.0
8. Michelle Tuetken, Tompkins Cortland	6	22	3.7
9. Caitlyn Dillard, Cayuga	5	17	3.4
10. Aimee Kellicutt, Broome	5	16	3.2

Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>
1. Brittany Williams, Finger Lakes	5	80	16.0
2. Becky Dittler, Corning	6	72	12.0
3. Corissa Quattrini, Cayuga	5	57	11.4
4. Caryn Crary, Onondaga	5	50	10.0
5. Megan Maycumber, Onondaga	5	49	9.8
6. Alyssa Polosky, Broome	5	45	9.0
7. Amber White, Corning	6	53	8.8
8. Shakeema Green, Cayuga	5	29	5.8
9. Annakay Broderick, Tompkins Cort.	4	23	5.8
10. Margaret Male, Jefferson	6	32	5.3

Steals

	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. Brittany Finkle, Broome	5	24	4.8
2. Caitlyn Dillard, Cayuga	5	23	4.3
3. Kristen Diglio, Onondaga	5	18	3.6
Shakeema Green, Cayuga	5	18	3.6
5. Jenna Rossi, Onondaga	5	16	3.2
Brittany Williams, Finger Lakes	5	16	3.2
7. Annakay Broderick, Tompkins Cort.	4	12	3.0
Caryn Crary, Onondaga	5	15	3.0
9. Layssa Georgiade, Tompkins Cortland	6	17	2.8
Kelsey Schloop, Jefferson	6	17	2.8

Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>
1. Becky Dittler, Corning	6	36	6.0
2. Alyssa Polosky, Broome	5	14	2.8
3. Megan Maycumber, Onondaga	5	10	2.0
4. Katie Currier, Tompkins Cortland	6	8	1.3
5. Michelle Tuetken, Tompkins Cortland	6	6	1.0
6. Kyla Knapp, Tompkins Cortland	6	5	0.8
Ashley Phillips, Jefferson	6	5	0.8
8. Brittany Williams, Finger Lakes	5	4	0.8
9. Shakeema Green, Cayuga	5	3	0.6
10. 2 players			0.5

Free Throw Pct.

	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Molly Byrne, Onondaga	14	14	100.0
2. Chasity Ramos, Corning	9	10	90.0
3. Jackie Vincent, Finger Lakes	16	21	76.2
4. Caryn Crary, Onondaga	21	28	75.0
5. Aimee Kellicutt, Broome	8	11	72.7
Kristan Komorowski, Broome	8	11	72.7
7. Brittany Williams, Finger Lakes	21	29	72.4
8. Alyssa Polosky, Broome	23	32	71.9
9. Corissa Quattrini, Cayuga	18	27	66.7
10. Dana Stenhouse, Jefferson	17	26	65.4

Field Goal Percentage

	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>
1. Brittany Finkle, Broome	26	43	60.5
2. Brittany Williams, Finger Lakes	38	63	60.3
3. Molly Byrne, Onondaga	20	35	57.1
4. Alyssa Polosky, Broome	27	48	56.3
5. Jenna Rossi, Onondaga	30	55	54.5
6. Megan Maycumber, Onondaga	23	44	52.3
7. Patricia Dawson, Jefferson	13	26	50.0
8. Dana Stenhouse<, Jefferson	13	27	48.1
9. Arielle Leblanc, Cayuga	9	19	47.3
10. Sheena Riley, Corning	16	34	47.1

3 Pt. Field Goal Percentage

	<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
1. Jenna Rossi, Onondaga	11	15	73.3
2. Kristen Diglio, Onondaga	10	23	43.5
3. Jennifer Iler, Tompkins Cortland	14	35	40.0
4. Kelsey Schloop, Jefferson	24	62	38.5
5. Ashlee Langley, Finger Lakes	11	30	36.7
6. Corissa Quattrini, Cayuga	9	27	33.3
7. Nicole Perry, Jefferson	8	27	29.6
8. Shakeema Green	10	34	29.4
9.			
10.			

2008-09 Stat Leaders – All Games

(from official NJCAA National Statistics as of 1/25/09 – National Rankings included)

<u>Scoring</u>			<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Assists</u>			<u>GP</u>	<u>Ast</u>	<u>APG</u>
1.	Caitlyn Dillard, Cayuga	16	408	25.5	2.	Kristin Diglio, Onondaga	17	107	6.3		
3.	Brittany Williams, Finger Lakes	16	329	20.5	3.	Brittany Williams, Finger Lakes	16	95	5.9		
5.	Corissa Quattrini, Cayuga	16	313	19.6	11.	Caitlyn Dillard, Cayuga	16	77	4.8		
7.	Rebecca Dittler, Corning	15	284	18.9	16.	Shakeema Green, Cayuga	18	77	4.3		
24.	Jenna Rossi, Onondaga	17	249	14.6	28.	Michelle Tuetken, Tompkins Cortland	17	60	3.5		
25.	Molly Byrne, Onondaga	17	249	14.6	35.	Ryan Reeder, Cayug	18	61	3.4		
32.	Shakeema Green, Cayuga	18	243	13.5	39.	Molly Byrne, Onondaga	17	54	3.2		
38.	Kristen Diglio, Onondaga	17	216	12.7	47.	Jennifer Iler, Tompkins Cortland	17	43	2.5		

<u>Rebounds</u>			<u>GP</u>	<u>Reb</u>	<u>RPG</u>	<u>Steals</u>			<u>GP</u>	<u>Stl</u>	<u>SPG</u>
2.	Brittany Williams, Finger Lakes	16	278	17.4	3.	Caitlyn Dillard, Cayuga	16	85	5.3		
14.	Caryn Crary, Onondaga	17	172	10.1	7.	Kristen Diglio, Onondaga	17	69	4.1		
15.	Corissa Quattrini, Cayuga	16	161	10.1	9.	Shakeema Green, Cayuga	18	69	3.8		
17.	Rebecca Dittler, Corning	15	149	9.9	10.	Jenna Rossi, Onondaga	17	63	3.7		
29.	Megan Maycumber, Onondaga	17	135	7.9	11.	Brittany Williams, Finger Lakes	16	59	3.7		
43.	Mackenzie Stilwell, Tompkins Cortland	17	116	6.8	16.	Caryn Crary, Onondaga	17	59	3.5		
45.	Amber White, Corning	18	118	6.6	43.	Chasity Ramos, Corning	15	35	2.3		

<u>Blocked Shots</u>			<u>GP</u>	<u>Blk</u>	<u>BPG</u>	<u>Free Throw Pct.</u>			<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
6.	Rebecca Dittler, Corning	15	44	2.9	1.	Molly Byrne, Onondaga	56	63	88.9		
18.	Megan Maycumber, Onondaga	17	20	1.2	8.	Corissa Quattrini, Cayuga	69	87	79.3		
20.	Katie Currier, Tompkins Cortland	16	18	1.1	14.	Caitlyn Dillard, Cayuga	51	75	68.0		
21.	Kyla Knapp, Tompkins Cortland	16	17	1.1	17.	Rebecca Dittler, Corning	77	115	67.0		
					21.	Brittany Williams, Finger Lakes	87	138	63.0		
					22.	Michelle Tuetken, Tompkins Cortland	61	101	60.1		

<u>Field Goal Percentage</u>			<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>3 Pt. Field Goal Percentage</u>			<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
5.	Molly Byrne, Onondaga	85	154	55.2	2.	Kristin Diglio, Onondaga	48	94	51.1		
9.	Jenna Rossi, Onondaga	92	179	51.4	14.	Jennifer Iler, Tompkins Cortland	36	119	30.3		
11.	Brittany Williams, Finger Lakes	120	241	49.8							
13.	Caitlyn Dillard, Cayuga	167	337	49.6							
25.	Corissa Quattrini, Cayuga	109	246	44.3							
31.	Shakeema Green, Cayuga	87	213	41.1							
35.	Rebecca Dittler, Corning	102	255	40.0							

<u>Team Defensive Average</u>			<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Team Offensive Average</u>			<u>GP</u>	<u>Pts</u>	<u>PPG</u>
6.	Finger Lakes	16	877	54.8	2.	Onondaga	17	1406	82.7		
17.	Corning	18	1099	61.1	12.	Finger Lakes	16	1088	68.0		
19.	Tompkins Cortland	17	1079	63.5	14.	Tompkins Cortlans	17	1125	66.2		
25.	Onondaga	17	1208	71.1	25.	Corning	18	899	49.9		

<u>Team Field Goal Percentage</u>			<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>Team 3 Pt. Field Goal Percentage</u>			<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
2.	Onondaga	509	1051	48.4	1.	Onondaga	123	277	44.4		
11.	Finger Lakes	409	1026	39.8							
21.	Tompkins Cortland	421	1237	34.0							
25.	Corning	330	1048	31.5							

<u>Team Free Throw Pct.</u>			<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
2.	Onondaga	265	390	68.0	
13.	Tompkins Cortland	223	361	61.8	
18.	Finger Lakes	229	396	57.8	
19.	Corning	204	353	57.8	