



# Mid-State Athletic Conference 2009 Women's Basketball

**Notebook #6  
February 18, 2009**

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## Conference Standings

	<b>Overall</b>	<b>MSAC</b>			
	<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1. <b>Onondaga</b>	24-4	11-1	.917	6-0	5-1
2. <b>Finger Lakes</b>	21-5	9-3	.750	5-1	4-2
3. <b>Cayuga</b>	20-8	8-4	.667	5-1	3-3
4. <b>Broome</b>	16-6	7-5	.583	4-2	3-3
5. <b>Jefferson</b>	8-15	4-8	.333	3-3	1-5
6. <b>Tompkins Cortland</b>	12-12	3-9	.333	2-4	1-5
7. <b>Corning</b>	6-22	0-12	.000	0-6	0-6

### MSAC Co-Players of the Week

#### **Alyssa Polosky, Broome**

Alyssa averaged 22.8 points, 12.3 rebounds, and 3.8 blocks in leading the Hornets to 3 wins in 4 starts on the week. She hit 27 points twice, and also hit double figures rebounding each game.

#### **Brittany Williams, Finger Lakes**

Brittany averaged 25.7 points, 16 rebounds, and 6.7 assists in three games last week. She also scored her 1000<sup>th</sup> career point in a win over Corning.

### 2009 Players of the Week

- 1/12 Caitlyn Dillard, Cayuga
- 1/20 Brittany Williams, Finger Lakes
- 1/26 Jenna Rossi, Onondaga
- 2/2 Caitlyn Dillard, Cayuga
- 2/9 Brittany Williams, Finger Lakes
- 2/18 Alyssa Polosky, Broome, & Brittany Williams, Finger Lakes

### Honor Roll – Week #6

Alicia Bradberry, Jefferson  
Molly Byrne, Onondaga  
Caryn Crary, Onondaga  
Caitlyn Dillard, Cayuga  
Becky Dittler, Corning  
Corissa Quatrini, Cayuga  
Chasity Ramos, Corning  
Jenna Rossi, Onondaga  
Kelsey Schloop, Jefferson  
Mackenzie Stilwell, Tompkins Cortland

### News and notes:

All-Conference ballots are due back to Bob McKenney ([mckenner@sunyocc.edu](mailto:mckenner@sunyocc.edu)) by Thursday, February 19, at noon.

Conference Championship Tournament Schedule @ Onondaga Community College

Saturday, February 20

2:00 pm #2 Finger Lakes vs. #3 Cayuga      4:00 pm #1 Onondaga vs. #4 Broome

Sunday, February 21

1:00 pm Championship Game

Streaming audio of both MSAC women's semi-final games, and the championship game if it involves Broome, will be available at [www.southerntiersportsnetwork.com](http://www.southerntiersportsnetwork.com). Streaming audio of all tournament games involving Onondaga will be available at [supermix.us](http://supermix.us).

# 2009 MSAC Women's Basketball Composite

home team in bold

*Tuesday, January 6*

**Tompkins Cortland 77**, Corning 31

*Thursday, January 8*

Jefferson 69, **Corning 48**

**Cayuga 81**, Tompkins Cortland 66

*Saturday, January 10*

**Broome 59**, Jefferson 43

**Cayuga 78**, Onondaga 74

**Finger Lakes 86**, Tompkins Cortland 55

*Tuesday, January 13*

**Finger Lakes 48**, Broome 47

Cayuga 74, **Corning 60**

**Jefferson 64**, Tompkins Cortland 54

*Thursday, January 15*

Broome 65, **Tompkins Cortland 61**

**Onondaga 93**, Corning 38

Finger Lakes 66, **Jefferson 58**

*Saturday, January 17*

Onondaga 72, **Broome 63**

*Wednesday, January 21*

**Broome 69**, Cayuga 54

Finger Lakes 64, **Corning 49**

**Onondaga 64**, Jefferson 52

*Saturday, January 24*

**Jefferson 73**, Corning 58

**Cayuga 67**, Finger Lakes 66

**Onondaga 86**, Tompkins Cortland 57

*Monday, January 26*

**Cayuga 87**, Jefferson 73

*Thursday, January 29*

Cayuga 87, **Tompkins Cortland 59**

Onondaga 92, **Finger Lakes 51**

*Saturday, January 31*

**Jefferson 55**, Broome 54

**Onondaga 85**, Cayuga 74

Finger Lakes 83, **Tompkins Cortland 73**

*Wednesday, February 4*

**Cayuga 67**, Corning 46

Finger Lakes 66, **Broome 60**

**Tompkins Cortland 86**, Jefferson 63

*Saturday, February 7*

**Finger Lakes 74**, Jefferson 62

Onondaga 89, **Corning 47**

**Broome 79**, Tompkins Cortland 58

*Tuesday, February 10*

**Onondaga 73**, Broome 68

*Wednesday, February 11*

Cayuga 71, **Jefferson 64**

Tompkins Cortland 75, **Corning 57**

*Thursday, February 12*

Broome 56, **Corning 52**

**Onondaga 87**, Finger Lakes 77

*Saturday, February 14*

Broome 68, **Cayuga 58**

**Finger Lakes 76**, Corning 48

*Sunday, February 15*

Onondaga 71, **Jefferson 57**

*Tuesday, February 17*

**Finger Lakes 76**, Cayuga 50

**Broome 75**, Corning 59

Onondaga 86, **Tompkins Cortland 63**

*Saturday, February 21 @ Onondaga*

#2 Finger Lakes vs. #3 Cayuga

#1 Onondaga vs. #4 Broome

*Sunday, February 22 @ Onondaga*

Conference Championship Game

## 2009 MSAC Team Leaders

(regular season games only)

### Scoring Average

81.0, Onondaga
70.7, Cayuga
69.4, Finger Lakes
65.3, Tompkins Cortland
63.6, Broome
61.1, Jefferson
49.4, Corning

### Defensive Averages

58.3, Broome
60.4, Onondaga
62.3, Finger Lakes
66.0, Jefferson
67.2, Cayuga
72.3, Tompkins Cortland
74.0, Corning

### Top Five Scoring Games

93, Onondaga (1/15)
92, Onondaga (1/29)
89, Onondaga (2/7)
87, Onondaga (2/12)
87, Cayuga (1/29)
87, Cayuga (1/26)

### Top Five Defensive Games

31, Tompkins Cortland (1/6)
38, Onondaga (1/15)
43, Broome (1/10)
46, Cayuga (2/4)
47, Onondaga (2/7)
47, Finger Lakes (1/13)

## 2009 Individual Stat Leaders

(regular season only - minimum 8 conference games played)

### Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Assists</u>	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Caitlyn Dillard, Cayuga	11	284	25.8	1. Kristen Diglio, Onondaga	12	69	5.7
2. Brittany Williams, Finger Lakes	12	259	21.6	2. Nicole Perry, Jefferson	12	61	5.1
3. Becky Dittler, Corning	12	217	18.1	3. Brittany Williams, Finger Lakes	12	59	4.9
4. Alyssa Polosky, Broome	12	210	17.5	4. Elly Disbrow, Finger Lakes	12	57	4.8
5. Jenna Rossi, Onondaga	12	202	16.8	5. Caitlyn Dillard, Cayuga	11	42	4.4
6. Corissa Quattrini, Cayuga	12	187	15.6	6. Jenna Rossi, Onondaga	12	51	4.3
7. Molly Byrne, Onondaga	12	156	13.0	7. Michelle Tuetken, Tompkins Cortland	12	49	4.1
8. Michelle Tuetken, Tompkins Cortland	12	154	12.8	8. Molly Byrne, Onondaga	12	48	4.0
9. Brittany Finkle, Broome	12	151	12.6	9. Shakeema Green, Cayuga	12	45	3.8
10. Kelsey Schloop, Jefferson	12	148	12.3	10. Aimee Kellicutt, Broome	12	30	3.4

### Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>	<u>Steals</u>	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. Brittany Williams, Finger Lakes	12	192	16.0	1. Brittany Finkle, Broome	12	56	4.7
2. Becky Dittler, Corning	12	126	10.5	2. Jenna Rossi, Onondaga	12	51	4.2
3. Alyssa Polosky	12	124	10.3	3. Caitlyn Dillard, Cayuga	11	46	4.2
4. Corissa Quattrini, Cayuga	12	118	9.8	4. Kristen Diglio, Onondaga	12	49	4.0
5. Caryn Crary, Onondaga	12	113	9.4	5. Caryn Crary, Onondaga	12	40	3.3
6. Megan Mayvumber, Onondaga	12	109	9.1	6. Shakeema Green, Cayuga	12	38	3.2
7. Mackenzie Stilwell, Tompkins Cort.	12	80	6.7	7. Chasity Ramos, Corning	10	31	3.1
8. Shakeema Green, Cayuga	12	78	6.5	8. Alyssa Georgiade, Tompkins Cortland	12	35	2.9
9. Amber White, Corning	12	75	6.3	9. 3 players			2.5
10. Jackie Vincent, Finger Lakes	12	73	6.1				

### Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>	<u>Free Throw Pct.</u>	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Becky Dittler, Corning	12	55	4.6	1. Chasity Ramos, Corning	17	19	89.4
2. Alyssa Polosky, Broome	12	37	3.1	2. Molly Byrne, Onondaga	41	46	89.3
3. Megan Maycumber, Onondaga	12	32	2.6	3. Jackie Vincent, Finger Lakes	47	60	78.3
4. Brittany Williams, Finger Lakes	12	19	1.6	4. Mackenzie Stilwell, Tompkins Cort.	34	44	77.3
5. Katie Currier, Tompkins Cortland	12	16	1.3	5. Alyssa Polosky, Broome	62	82	75.6
6. Shakeema Green, Cayuga	12	11	0.9	6. Corissa Quattrini, Cayuga	39	53	73.6
7. Ashley Phillips, Jefferson	12	8	0.7	7. Aimee Kellicutt, Broome	16	22	72.7
8. Sarah Countryman, Jefferson	12	5	0.4	8. Michelle Tuetken, Tompkins Cortland	54	77	70.1
9. Kelsey Schloop, Jefferson	12	4	0.3	9. Caryn Crary, Onondaga	26	38	68.3
10. Corissa Quattrini, Cayuga	12	3	0.3	10. Brittany Williams, Finger Lakes	52	77	67.5

### Field Goal Percentage

	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>3 Pt. Field Goal Percentage</u>	<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
1. Megan Maycumber, Onondaga	59	95	62.1	1. Jenna Rossi, Onondaga	23	43	53.5
2. Brittany Williams, Finger Lakes	99	164	60.4	2. Kristen Diglio, Onondaga	31	67	46.3
3. Alyssa Polosky, Broome	72	128	56.3	3. Corissa Quattrini, Cayuga	22	58	37.9
4. Brittany Finkle, Broome	49	88	55.7	4. Kelsey Schloop, Jefferson	39	115	33.9
5. Alicia Bradberry, Jefferson	20	38	52.6	5. Jennifer Iler, Tompkins Cortland	25	74	33.8
6. Caitlyn Dillard, Cayuga	114	221	51.6	6. Nicole Perry, Jefferson	18	55	32.7
7. Dana Stenhouse, Jefferson	32	63	50.8	7. Shakeema Green, Cayuga	22	75	29.3
8. Molly Byrne, Onondaga	53	104	50.2	8. Ashlee Langley, Finger Lakes	15	52	28.8
9. Sam Gable, Finger Lakes	27	54	50.0	9. Ashley Chartrand, Jefferson	12	68	17.6
10. Jenna Rossi, Onondaga	59	127	46.5	10.			

## 2008-09 Stat Leaders – All Games

(from official NJCAA National Statistics as of 2/17/09 – National Rankings included)

<u>Scoring</u>			<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Assists</u>			<u>GP</u>	<u>Ast</u>	<u>APG</u>
1.	Caitlyn Dillard, Cayuga	24	619	25.8	3.	Kristin Diglio, Onondaga	27	165	6.1		
5.	Brittany Williams, Finger Lakes	25	541	21.6	10.	Brittany Williams, Finger Lakes	25	131	5.2		
12.	Rebecca Dittler, Corning	23	434	18.9	13.	Nicole Perry, Jefferson	21	105	5.0		
29.	Corissa Quattrini, Cayuga	24	409	17.0	25.	Caitlyn Dillard, Cayuga	24	108	4.5		
30.	Kristen Diglio, Onondaga	27	460	17.0	29.	Molly Byrne, Onondaga	27	118	4.4		
36.	Jenna Rossi, Onondaga	27	433	16.0	38.	Jenna Rossi, Onondaga	27	109	4.0		
43.	Alyssa Polosky, Broome	21	315	15.0	42.	Shakeema Green, Cayuga	26	99	3.8		
50.	Molly Byrne, Onondaga	27	392	14.5	46.	Michelle Tuetken, Tompkins Cortland	24	90	3.8		

<u>Rebounds</u>			<u>GP</u>	<u>Reb</u>	<u>RPG</u>	<u>Steals</u>			<u>GP</u>	<u>Stl</u>	<u>SPG</u>
2.	Brittany Williams, Finger Lakes	25	409	16.4	4.	Caitlyn Dillard, Cayuga	24	120	3.5		
14.	Corissa Quattrini, Cayuga	24	270	11.3	10.	Kristen Diglio, Onondaga	27	112	4.1		
23.	Alyssa Polosky, Broome	21	210	10.0	11.	Jenna Rossi, Onondaga	27	107	4.0		
24.	Rebecca Dittler, Corning	23	229	10.0	14.	Shakeema Green, Cayuga	26	96	3.7		
26.	Caryn Crary, Onondaga	27	259	9.6	20.	Caryn Crary, Onondaga	27	95	3.5		
43.	Megan Maycumber, Onondaga	27	221	8.2	30.	Molly Byrne, Onondaga	27	87	3.2		
					31.	Brittany Williams, Onondaga	25	80	3.2		
					42.	Nicole Perry, Jefferson	21	59	2.8		

<u>Blocked Shots</u>			<u>GP</u>	<u>Blk</u>	<u>BPG</u>	<u>Free Throw Pct.</u>			<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
6.	Rebecca Dittler, Corning	23	78	3.4	1.	Molly Byrne, Onondaga	96	108	88.9		
11.	Alyssa Polosky, Broome	21	55	2.6	12.	Corissa Quattrini, Cayuga	87	111	78.4		
26.	Megan Maycumber, Onondaga	27	38	1.4	21.	Alyssa Polosky, Broome	85	114	74.6		
33.	Katie Currier, Tompkins Cortland	23	25	1.1	27.	Jackie Vincent, Finger Lakes	71	98	72.5		
34.	Brittany Williams, Finger Lakes	25	27	1.1	34.	Caryn Crary, Onondaga	58	84	69.1		
					37.	Mackenzie Stilwell, Tompkins Cortland	52	76	68.4		

<u>Field Goal Percentage</u>			<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>3 Pt. Field Goal Percentage</u>			<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
2.	Kristen Diglio, Onondaga	177	266	66.5	6.	Jenna Rossi, Onondaga	47	91	51.7		
5.	Megan Maycumber, Onondaga	117	192	60.9	7.	Kristen Diglio, Onondaga	78	161	48.5		
17.	Caryn Crary, Onondaga	103	187	55.1	15.	Nicole Dwyer, Onondaga	40	100	40.0		
19.	Molly Byrne, Onondaga	133	245	54.3	22.	Corissa Quattrini, Cayuga	38	103	36.9		
20.	Brittany Williams, Finger Lakes	203	378	53.7	26.	Shakeema Green, Cayuga	49	138	35.5		
23.	Alyssa Polosky, Broome	112	214	52.3	41.	Jennifer Iler, Tompkins Cortland	47	160	29.4		
28.	Caitlyn Dillard, Cayuga	251	495	50.7							
29.	Jenna Rossi, Onondaga	152	302	50.3							
39.	Brittany Finkle, Broome	95	197	48.2							

<u>Team Defensive Average</u>			<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Team Offensive Average</u>			<u>GP</u>	<u>Pts</u>	<u>PPG</u>
6.	Broome	22	1148	52.2	6.	Onondaga	27	2190	81.1		
20.	Finger Lakes	25	1484	59.4	17.	Finger Lakes	25	1726	69.0		
31.	Corning	26	1634	62.8	19.	Tompkins Cortland	24	1601	66.7		
35.	Tompkins Cortland	24	1575	65.6	27.	Broome	22	1379	62.7		
38.	Onondaga	27	1813	67.1	42.	Corning	26	1335	51.3		

<u>Team Field Goal Percentage</u>			<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>Team 3 Pt. Field Goal Percentage</u>			<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
5.	Onondaga	793	1649	48.1	2.	Onondaga	208	450	46.2		
19.	Finger Lakes	647	1600	40.4	12.	Jefferson	134	435	30.8		
21.	Broome	508	1267	40.1							
37.	Tompkins Cortland	597	1741	34.3							
38.	Jefferson	451	1355	33.3							
39.	Corning	498	1522	32.7							

<u>Team Free Throw Pct.</u>			<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
3.	Onondaga	396	542	56.5	
9.	Broome	285	447	63.8	
20.	Tompkins Cortland	326	536	60.8	
28.	Finger Lakes	350	586	59.7	
31.	Corning	282	491	57.4	
38.	Jefferson	218	400	54.5	