



Mid-State Athletic Conference 2010 Women's Basketball

Notebook #7
February 21, 2010

Contact: Dave Pasiak
(315) 498-2510
pasiakd@sunyocc.edu

2009-2010 Final Conference Standings

		Overall	MSAC			
		<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1.	Onondaga	30-0	12-0	1.000	6-0	6-0
2.	Cayuga	19-10	9-3	.750	5-1	4-2
3.	Tompkins Cortland	13-11	7-5	.583	4-2	3-3
4.	Broome	18-9	5-7	.417	4-2	1-5
	Finger Lakes	19-8	5-7	.417	3-3	2-4
6.	Jefferson	10-16	4-8	.333	3-3	1-5
7.	Corning	4-21	0-12	.000	0-6	0-6

2010 Mid-State Athletic Conference Champion

Onondaga Community College

2010 Conference Championship Most Valuable Player

Brittany Cohen, Onondaga

2010 Player of the Year

Caitlyn Dillard, Cayuga

2010 Coach of the Year

Mike Wheeler, Onondaga

2010 Players of the Week

1/11 Caitlyn Dillard, Cayuga
 1/19 Shakista Woolfolk, Finger Lakes
 1/25 Brittany Cohen, Onondaga
 2/1 Anne Buchert, Broome
 2/8 Michelle Tuetken, Tompkins Cortland
 2/17 Caitlyn Dillard, Cayuga & Jenna Rossi, Onondaga

All-Conference Team

Caitlyn Dillard, Cayuga
 Shakista Woolfolk, Finger Lakes
 Brittany Cohen, Onondaga
 Molly Byrne, Onondaga
 Anne Buchert, Broome
 Nicole Perry, Jefferson
 Jenna Rossi, Onondaga
 Allie Bruet, Broome
 Michelle Tuetken, Tompkins Cortland
 Megan Maycumber, Onondaga
 Mackenzie Stilwell, Tompkins Cortland

Others Receiving Votes

Caryn Crary, Onondaga
 Ryan Iannello, Cayuga
 Katie DeMay, Cayuga
 Blake Shelton, Broome
 Amber White, Corning

News and notes:

Congratulations to Onondaga on winning the 2010 Mid-State Athletic Conference Championship.

Onondaga (#1), Cayuga (#3), Broome (#4), Tompkins Cortland (#5), and Finger Lakes (#6) have qualified for the NJCAA Region III Tournament. Best of luck to those teams in regional play.

2010 MSAC Women's Basketball Composite

home team in bold

Tuesday, January 5

Tompkins Cortland 72, **Corning 39**

Thursday, January 7

Onondaga 73, **Finger Lakes 50**

Jefferson 57, Corning 40

Cayuga 77, **Tompkins Cortland 72**

Saturday, January 9

Jefferson 54, Broome 53

Onondaga 81, Cayuga 46

Tompkins Cortland 57, **Finger Lakes 48**

Tuesday, January 12

Broome 87, Finger Lakes 74

Cayuga 68, Corning 49

Tompkins Cortland 59, Jefferson 42

Thursday, January 14

Broome 51, Tompkins Cortland 49

Onondaga 100, **Corning 52**

Finger Lakes 60, **Jefferson 52**

Saturday, January 16

Jefferson 75, Cayuga 71 (OT)

Onondaga 68, Broome 44

Wednesday, January 20

Cayuga 64, Broome 42

Finger Lakes 76, Corning 45

Onondaga 82, **Jefferson 45**

Saturday, January 23

Jefferson 55, **Corning 47**

Cayuga 63, **Finger Lakes 62**

Onondaga 78, **Tompkins Cortland 61**

Wednesday, January 27

Broome 84, Corning 42

Cayuga 59, Tompkins Cortland 52

Onondaga 80, Finger Lakes 54

Saturday, January 30

Broome 81, Jefferson 54

Onondaga 78, **Cayuga 58**

Tompkins Cortland 66, Finger Lakes 44

Wednesday, February 3

Cayuga 80, **Corning 40**

Finger Lakes 80, Broome 59

Tompkins Cortland 77, **Jefferson 67**

Saturday, February 6

Finger Lakes 77, Jefferson 68

Onondaga 81, Corning 38

Tompkins Cortland 67, Broome 47

Wednesday, February 10

Cayuga 78, Jefferson 61

Thursday, February 11

Onondaga 78, **Broome 50**

Tompkins Cortland 73, Corning 29

Saturday, February 13

Cayuga 58, **Broome 50**

Finger Lakes 63, **Corning 40**

Onondaga 76, Jefferson 37

Tuesday, February 16

Cayuga 71, Finger Lakes 53

Broome 54, **Corning 43**

Onondaga 73, Tompkins Cortland 57

Saturday, February 20 @ Onondaga

#2 Cayuga 66, #3 Tompkins Cortland 56

#1 **Onondaga 62**, #4 Broome 50

Sunday, February 21 @ Onondaga

#1 **Onondaga 93**, #2 Cayuga 68

2010 MSAC Team Leaders

(regular season games only)

Scoring Average

79.0, Onondaga
66.2, Cayuga
63.5, Tompkins Cortland
61.8, Finger Lakes
58.5, Broome
55.6, Jefferson
42.0, Corning

Defensive Averages

49.3, Onondaga
54.5, Tompkins Cortland
59.6, Cayuga
60.9, Broome
62.0, Finger Lakes
66.8, Jefferson
71.9, Corning

Top Five Scoring Games

100, Onondaga (1/14)
87, Broome (1/12)
84, Broome (1/27)
82, Onondaga (1/20)
81, Onondaga (2/6)
81, Broome (1/30)
81, Onondaga (1/9)

Top Five Defensive Games

29, Tompkins Cortland (2/11)
37, Onondaga (2/13)
38, Onondaga (2/6)
39, Tompkins Cortland (1/5)
40, Finger Lakes (2/13)
40, Cayuga (2/3)
40, Jefferson (1/7)

2010 Individual Stat Leaders

(regular season MSAC only - minimum 8 games played)

Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
1. Caitlyn Dillard, Cayuga	12	305	25.4
2. Shakista Woolfolk, Finger Lakes	11	246	22.4
3. Brittany Cohen, Onondaga	12	190	15.8
4. Anne Buchert, Broome	12	183	15.3
5. Jenna Rossi, Onondaga	12	170	14.2
6. Molly Byrne, Onondaga	12	160	13.3
7. Nicole Perry, Jefferson	12	156	13.0
8. Mackenzie Stilwell, Tompkins Cort.	12	146	12.2
9. Lindsay Aulin, Corning	12	145	12.1
10. Allie Bruet, Broome	12	136	11.3

Assists

	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Brittany Cohen, Onondaga	12	80	6.7
2. Nicole Perry, Jefferson	12	74	6.2
3. Caitlyn Dillard, Cayuga	12	65	5.4
4. Molly Byrne, Onondaga	12	60	5.0
5. Michelle Tuetken, Tompkins Cortland	12	59	4.9
6. Allie Bruet, Broome	12	51	4.3
7. Katrina Davenport, Finger Lakes	11	41	3.7
8. Ashlee Langley, Finger Lakes	11	26	2.4
9. Nakisha Graham, Corning	12	27	2.3
10. Alicia Uhlein, Jefferson	11	23	2.1

Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>
1. Shakista Woolfolk, Finger Lakes	11	169	15.4
2. Caroline Francis, Cayuga	12	143	11.9
3. Amber White, Corning	12	130	10.8
4. Megan Maycumber, Onondaga	12	111	9.3
5. Anne Buchert, Broome	12	104	8.7
6. Caryn Crary, Onondaga	11	92	8.4
7. Alicia Bradberry, Jefferson	12	97	8.1
8. Katie Currier, Tompkins Cortland	12	92	7.7
9. Blake Shelton, Broome	12	89	7.4
10. Julie Schaeffer, Tompkins Cortland	12	86	7.2

Steals

	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. Caitlyn Dillard, Cayuga	12	67	5.6
2. Jenna Rossi, Onondaga	12	60	5.0
3. Molly Byrne, Onondaga	12	40	3.3
4. Miranda Desanctis, Broome	12	39	3.3
5. Becky Foster, Broome	12	35	2.9
6. Shakista Woolfolk, Finger Lakes	11	28	2.5
7. Nicole Perry, Jefferson	12	30	2.5
8. Anne Buchert, Broome	12	29	2.4
9. Alyssa Georgiade, Tompkins Cortland	12	28	2.3
10. Alicia Uhlein, Jefferson	11	25	2.3

Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>
1. Kayla Trail, Onondaga	12	60	5.0
2. Shakista Woolfolk, Finger Lakes	11	32	2.9
3. Megan Maycumber, Onondaga	12	25	2.1
4. Katie Currier, Tompkins Cortland	12	21	1.8
5. Caroline Francis, Cayuga	12	15	1.3
6. Allie Bruet, Broome	12	13	1.1
Tara Gervera, Jefferson	12	13	1.1
8. Miranda Desanctis, Broome	12	11	0.9
Alicia Bradberry, Jefferson	12	11	0.9
Ashley Phillips, Jefferson	12	11	0.9

Free Throw Pct.

	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Caitlyn Dillard, Cayuga	70	87	80.5
2. Kyla Knapp, Tompkins Cortland	27	34	79.4
3. Allie Bruet, Broome	51	66	77.3
Jenna Rossi, Onondaga	34	44	77.3
5. Brittany Cohen, Onondaga	60	80	75.0
6. Mackenzie Stilwell, Tompkins Cort.	33	46	71.7
7. Miranda Desanctis, Broome	30	42	71.4
8. Shakista Woolfolk, Finger Lakes	42	59	71.2
9. Anne Buchert, Broome	40	59	67.8
10. Paige Wilsey, Cayuga	16	24	66.7

Field Goal Percentage

	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>
1. Shakista Woolfolk, Finger Lakes	102	202	50.5
2. Jenna Rossi, Onondaga	58	115	50.4
3. Alyssa Georgiade, Tompkins Cortland	39	82	47.6
4. Caroline Francis, Cayuga	51	116	44.0
5. Brittany Cohen, Onondaga	52	119	43.7
6. Anne Buchert, Broome	67	154	43.5
7. Dana Stenhouyse, Jefferson	44	102	43.1
8. Katie Currier, Tompkins Cortland	27	63	42.9
9. Tara Gervera, Jefferson	30	71	42.3
10. Caitlyn Dillard, Cayuga	107	254	42.1

3 Pt. Field Goal Percentage

	<u>3FGM</u>	<u>3FGA</u>	<u>Pct</u>
1. Brittany Cohen, Onondaga	35	82	42.7
2. Jenna Rossi, Onondaga	27	69	39.1
3. Michelle Tuetken, Tompkins Cortland	21	57	36.8
4. Katie Demay, Cayuga	31	86	36.0
5. Katrina Davenport, Finger Lakes	20	59	33.9
6. Blake Shelton, Broome	22	65	33.8
7. Nicole Perry, Jefferson	35	115	30.4
8. Miranda Desanctis, Broome	9	32	28.1
9. Caitlyn Dillard, Cayuga	21	87	24.1
10. Anne Buchert, Broome	9	40	22.5