



# Mid-State Athletic Conference 2009 Women's Basketball

Pre-Season Notebook  
January 5, 2009

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## 2008 Final Conference Standings

		2008-09	2007-08			
		Overall	MSAC			
		<u>W-L</u>	<u>W-L</u>	<u>Pct.</u>	<u>Home</u>	<u>Road</u>
1.	<b>Broome</b>	9-1	11-1	.917	6-0	5-1
	<b>Finger Lakes</b>	9-2	11-1	.917	6-0	5-1
3.	<b>Onondaga</b>	10-2	8-4	.667	4-2	4-2
4.	<b>Cayuga</b>	12-3	6-6	.556	3-3	3-3
5.	<b>Corning</b>	4-9	4-8	.333	2-4	2-4
6.	<b>Tompkins Cortland</b>	8-3	1-11	.083	1-5	0-6
	<b>Jefferson</b>	4-7	1-11	.083	1-5	0-6

### 2008 Conference Championship Most Valuable Player

Aimee Kellicutt, Broome

### 2008 Player of the Year

Brittany Williams, Finger Lakes

### 2008 Coach of the Year

Mike Huggler, Broome

### 2008 Players of the Week

1/14 **Brittany Williams, Finger Lakes**  
 1/22 Erika Puffer, Broome  
 1/28 Tricia Allen, Onondaga  
 2/4 **Brittany Williams, Finger Lakes**  
 2/11 **Brittany Williams, Finger Lakes**  
 2/20 **Alyssa Polosky, Broome & Tiffany Collinsworth, Cayuga**

### All-Conference Team

**Brittany Williams, Finger Lakes**  
 Erika Puffer, Broome  
 Tricia Allen, Onondaga  
 Tiffany Collinsworth, Cayuga  
**Brittany Finkle, Broome**  
 Tiffany Sullivan, Finger Lakes  
**Corissa Quatrini, Cayuga**  
**Aimee Kellicutt, Broome**  
**Alyssa Polosky, Broome**  
**Kristin Diglio, Onondaga**

### Others Receiving Votes

**Bobbi Dixon, Finger Lakes**  
 Joni Cullen, Jefferson  
 Jessica Clark, Onondaga  
**Jenn Iler, Tompkins Cortland**  
 Linda Gruber, Jefferson  
 Megan Leary, Corning

### News and notes:

Returning players listed in this report are in **BOLD**.

Streaming audio of all Broome home games is available at [southerntiersportsnetwork.com](http://southerntiersportsnetwork.com). Streaming audio of all Onondaga home games is available at [supermix.us](http://supermix.us).

# 2009 MSAC Women's Basketball Composite

home team in bold

*Tuesday, January 6*

Corning @ **Tompkins Cortland**

*Thursday, January 8*

Finger Lakes @ **Onondaga**

Jefferson @ **Corning**

Tompkins Cortland @ **Cayuga**

*Saturday, January 10*

Jefferson @ **Broome**

Onondaga @ **Cayuga**

Tompkins Cortland @ **Finger Lakes**

*Tuesday, January 13*

Broome @ **Finger Lakes**

Cayuga @ **Corning**

Tompkins Cortland @ **Jefferson**

*Thursday, January 15*

Broome @ **Tompkins Cortland**

Corning @ **Onondaga**

Finger Lakes @ **Jefferson**

*Saturday, January 17*

Jefferson @ **Cayuga**

Onondaga @ **Broome**

*Wednesday, January 21*

Cayuga @ **Broome**

Finger Lakes @ **Corning**

Jefferson @ **Onondaga**

*Saturday, January 24*

Corning @ **Jefferson**

Finger Lakes @ **Cayuga**

Tompkins Cortland @ **Onondaga**

*Wednesday, January 28*

Broome @ **Corning**

Cayuga @ **Tompkins Cortland**

Onondaga @ **Finger Lakes**

*Saturday, January 31*

Broome @ **Jefferson**

Cayuga @ **Onondaga**

Finger Lakes @ **Tompkins Cortland**

*Wednesday, February 4*

Corning @ **Cayuga**

Finger Lakes @ **Broome**

Jefferson @ **Tompkins Cortland**

*Saturday, February 7*

Jefferson @ **Finger Lakes**

Onondaga @ **Corning**

Tompkins Cortland @ **Broome**

*Wednesday, February 11*

Broome @ **Onondaga**

Cayuga @ **Jefferson**

Tompkins Cortland @ **Corning**

*Saturday, February 14*

Broome @ **Cayuga**

Corning @ **Finger Lakes**

*Sunday, February 15*

Onondaga @ **Jefferson**

*Tuesday, February 17*

Cayuga @ **Finger Lakes**

Corning @ **Broome**

Onondaga @ **Tompkins Cortland**

*Saturday, February 23*

Conference Semi-Finals

*Sunday, February 24*

Conference Championship Game

# Final 2008 MSAC Team Leaders

(regular season games only)

## Scoring Average

76.8, Finger Lakes  
75.4, Broome  
70.6 Onondaga  
63.2, Cayuga  
52.3, Jefferson  
50.0, Corning  
45.7, Tompkins Cortland

## Defensive Averages

45.3, Broome  
57.3, Finger Lakes  
59.6, Onondaga  
64.1, Cayuga  
66.5, Jefferson  
67.6, Corning  
73.4, Tompkins Cortland

## Top Five Scoring Games

94, Broome (2/9)  
93, Finger Lakes (1/23)  
89, Onondaga (2/19)  
88, Finger Lakes (1/12)  
85, Finger Lakes (1/10)  
85, Cayuga (2/6)  
85, Broome (2/16)

## Top Five Defensive Games

21, Broome (2/19)  
29, Broome (1/17)  
30, Onondaga (2/19)  
31, Broome (1/30)  
32, Finger Lakes (2/16)

## Final 2008 Individual Stat Leaders

(regular season only - minimum 8 games played)

### Scoring

	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
1. <b>Brittany Williams, Finger Lakes</b>	12	225	18.8
2. Tiffany Collinsworth, Cayuga	12	215	17.9
3. <b>Corissa Quattrini, Cayuga</b>	12	196	16.3
4. Tricia Allen, Onondaga	12	180	15.0
5. <b>Jenn Iler, Tompkins Cortland</b>	12	179	14.9
6. Joni Cullen, Jefferson	12	175	14.6
7. Erika Puffer, Broome	12	173	14.4
8. Kim Ownings, Corning	10	136	13.6
9. <b>Brittany Finkle, Broome</b>	12	158	13.2
10. <b>Kristen Diglio, Onondaga</b>	12	154	12.8

### Assists

	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. <b>Kristin Diglio, Onondaga</b>	12	82	6.8
2. Tiffany Sullivan, Finger Lakes	11	71	6.5
3. Kara Dougherty, Broome	12	72	6.0
4. Jessica Clark, Onondaga	12	54	4.5
5. <b>Bobbi Dixon, Finger Lakes</b>	11	47	4.3
6. Tiffany Collinsworth, Cayuga	12	37	3.1
<b>Jenn Iler, Tompkins Cortland</b>	12	37	3.1
<b>Aimee Kellicutt, Broome</b>	12	37	3.1
9. <b>Lindsay Osman, Broome</b>	12	36	3.0
10. <b>Ryan Reeder, Cayuga</b>	12	31	2.6

### Rebounds

	<u>GP</u>	<u>Reb</u>	<u>RPG</u>
1. <b>Brittany Williams, Finger Lakes</b>	12	146	12.2
2. <b>Chasity Ramos, Corning</b>	12	110	9.2
3. Kim Owings, Corning	10	90	9.0
4. Tiffany Collinsworth, Cayuga	12	102	8.5
5. <b>Alyssa Polosky, Broome</b>	12	94	7.8
6. <b>Corissa Quatrini, Cayuga</b>	12	93	7.8
7. Cinee Fogle, Finger Lakes	11	82	7.5
8. Erika Puffer, Broome	12	89	7.4
9. Tircia Allen, Onondaga	12	88	7.3
10. Stephanie Riker, Onondaga	10	70	7.0

### Steals

	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
1. <b>Brittany Finkle, Broome</b>	12	59	4.9
2. Tiffany Sullivan, Finger Lakes	11	48	4.4
3. Alena Anthony, Onondaga	12	45	3.7
4. Tricia Allen, Onondaga	12	32	2.7
5. Tiffany Collinsworth, Cayuga	12	31	2.6
<b>Brittany Williams, Finger Lakes</b>	12	31	2.6
7. Kara Dougherty, Broome	12	29	2.4
Erika Puffer, Broome	12	29	2.4
9. <b>Chasity Ramos, Corning</b>	12	28	2.3
10. Aimee Kellicutt, Broome	12	27	2.3

### Blocked Shots

	<u>GP</u>	<u>Blk</u>	<u>BPG</u>
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

### Free Throw Pct.

	<u>FTA</u>	<u>FTM</u>	<u>Pct</u>
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

### Field Goal Percentage

	<u>FGA</u>	<u>FGM</u>	<u>Pct</u>
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

### 3 Pt. Field Goal Percentage

	<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

## 2008-09 Stat Leaders – All Games

(from official NJCAA National Statistics as of 1/4/09 – National Rankings included)

<u>Scoring</u>	<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Assists</u>	<u>GP</u>	<u>Ast</u>	<u>APG</u>
1. Caitlyn Dillard, Cayuga	12	297	24.8	2. Kristin Diglio, Onondaga	11	69	6.3
5. Brittany Williams, Finger Lakes	11	226	20.5	6. Brittany Williams, Finger Lakes	11	62	5.6
6. Corissa Quattrini, Cayuga	12	240	20.0	12. Caitlyn Dillard, Cayuga	12	60	5.0
8. Rebecca Dittler, Corning	10	193	19.3	13. Molly Byrne, Onondaga	11	54	4.9
19. Jenna Rossi, Onondaga	11	181	16.5	28. Shakeema Green, Cayuga	14	52	3.7
25. Molly Byrne, Onondaga	11	170	15.5	31. Jenna Rossi, Onondaga	11	39	3.5
29. Shakeema Green, Cayuga	14	204	14.6	40. Michelle Tuetken, Tompkins Cortland	11	37	3.4
43. Kristin Diglio, Onondaga	11	138	12.5				
48. Jennifer Iler, Tompkins Cortland	11	133	12.1				

<u>Rebounds</u>	<u>GP</u>	<u>Reb</u>	<u>RPG</u>	<u>Steals</u>	<u>GP</u>	<u>Stl</u>	<u>SPG</u>
2. Brittany Williams, Finger Lakes	11	199	18.1	4. Caitlyn Dillard, Cayuga	12	62	5.2
12. Caryn Crary, Onondaga	11	114	10.4	6. Jenna Rossi, Onondaga	11	47	4.3
15. Corissa Quattrini, Cayuga	12	121	10.1	7. Shakeema Green, Cayuga	14	58	4.1
25. Mackenzie Stilwell, Tompkins Cort.	11	95	8.6	8. Kristin Diglio, Onondaga	11	45	4.1
34. Megan Maycumber, Onondaga	11	85	7.7	13. Brittany Williams, Finger Lakes	11	39	3.5
43. Alyssa Georgiade, Tompkins Cortland	11	77	7.0	16. Caryn Crary, Onondaga	11	38	3.5
47. Jackie Vincent, Finger Lakes	11	75	6.8	36. Molly Byrne, Onondaga	11	29	2.6
49. Katie Currier, Tompkins Cortland	10	67	6.7				

<u>Blocked Shots</u>	<u>GP</u>	<u>Blk</u>	<u>BPG</u>	<u>Free Throw Pct.</u>	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
26. Katie Currier, Tompkins Cortland	10	10	1.0	2. Molly Byrne, Onondaga	42	48	87.5
27. Kyla Knapp, Tompkins Cortland	10	10	1.0	8. Corissa Quattrini, Cayuga	51	63	81.0
28. Megan Maycumber, Onondaga	11	11	1.0	18. Caryn Crary, Onondaga	24	32	75.0
				22. Jenna Rossi, Onondaga	36	49	73.5
				23. Janelle Shipos, Tompkins Cortland	22	30	73.3
				38. Ashley Langley, Finger Lakes	27	39	69.2
				42. Mackenzie Stilwell, Tompkins Cort.	22	32	68.8
				49. Jackie Vincent, Finger Lakes	23	35	65.7

<u>Field Goal Percentage</u>	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>3 Pt. Field Goal Percentage</u>	<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
1. Kristin Diglio, Onondaga	46	73	63.0	5. Kristin Diglio, Onondaga	32	62	51.6
2. Molly Byrne, Onondaga	57	92	62.0	8. Jenna Rossi, Onondaga	15	33	45.5
7. Caryn Crary, Onondaga	51	86	59.3	19. Shakeema Green, Cayuga	26	70	37.1
16. Megan Maycumber, Onondaga	41	77	53.2	24. Corissa Quattrini, Cayuga	17	52	32.7
23. Jenna Rossi, Onondaga	65	128	50.8	30. Jennifer Iler, Tompkins Cortland	24	85	28.2
25. Caitlyn Dillard, Cayuga	122	243	50.2	34. Caitlyn Dillard	19	76	25.0
31. Ryan Reeder, Cayuga	38	79	48.1				
40. Brittany Williams, Finger Lakes	82	176	46.6				
50. Corissa Quattrini, Cayuga	86	189	45.5				

<u>Team Defensive Average</u>	<u>GP</u>	<u>Pts</u>	<u>PPG</u>	<u>Team Offensive Average</u>	<u>GP</u>	<u>Pts</u>	<u>PPG</u>
4. Corning	12	618	51.5	3. Onondaga	11	915	83.2
10. Finger Lakes	11	620	56.4	12. Finger Lakes	11	752	68.4
19. Tompkins Cortland	11	699	63.5	14. Tompkins Cortland	11	749	68.1
24. Onondaga	11	741	67.4	25. Corning	12	646	53.8

<u>Team Field Goal Percentage</u>	<u>FGM</u>	<u>FGA</u>	<u>Pct</u>	<u>Team 3 Pt. Field Goal Percentage</u>	<u>3FGA</u>	<u>3FGM</u>	<u>Pct</u>
2. Onondaga	331	696	47.6	3. Onondaga	83	175	47.4
13. Finger Lakes	281	703	40.0				
24. Tompkins Cortland	287	836	34.3				
27. Corning	240	733	32.7				

<u>Team Free Throw Pct.</u>	<u>FTM</u>	<u>FTA</u>	<u>Pct</u>
1. Onondaga	170	233	73.0
7. Tompkins Cortland	138	211	65.4
21. Corning	142	245	58.0
22. Finger Lakes	167	296	56.4