

ONONDAGA COMMUNITY COLLEGE

FALL 2019 COLLEGE FOR LIVING CLASSES

College for Living classes

OCC Main Campus

Crafting

Make and enjoy projects with a variety of materials. You will create decorative seasonal pieces to give as gifts or keep for yourself. Emphasis will be on following directions while making new friends and having fun with a new hobby. CLASS IS LIMITED TO 12 STUDENTS.

*Students who require one-on-one assistance should bring a helper to assist them.

Instructor: Chris Kiely, enthusiastic and experienced in working with individuals with intellectual disabilities.

8 Mondays, October 7 to December 9, 2019

NO CLASS ON 10/14 & 10/21

6:00 pm—8:00 pm

Coyne Hall, Room 216

Tuition: \$89

Learning Games

Is there a card game or board game you always wanted to learn? Involve yourself in a series of activities and board games that are designed to enhance learning and social skills. Make new friends and discover that learning is fun!

Instructor: Denise Neimeier, enthusiastic and experienced in working with individuals with intellectual disabilities.

8 Mondays, October 14 to December 2, 2019

6:00 pm—7:30 pm

Coyne Hall, Room 226

Tuition: \$79

Building Healthy Relationships

Good social skills are necessary for successful relationships with friends and family, acquaintances, supervisors, and in the community. Join others in learning essential skills needed to promote graceful social interactions and establish positive relations with others. Learn how relationships develop, practice effective ways to communicate, recognize boundaries, manage feelings, and identify healthy relationships in a safe environment.

Building Healthy Relationships, continued:

Instructor: Lisa Chamberlain, enthusiastic and experienced in working with individuals with intellectual disabilities.

8 Tuesdays, October 15 to December 3, 2019

6:00 pm—7:30 pm

Coyne Hall, Room 216

Tuition: \$79

Music Appreciation

Listen and discuss various types of music. There will be many opportunities to sing and dance! Classes will discuss classical, country, jazz, and rock and roll. You will be encouraged to bring your own favorites to share. This class is a great way to share your knowledge while learning about others' taste in music.

Instructor: Dan Lounsbery, enthusiastic and experienced in working with individuals with intellectual disabilities.

8 Wednesdays, October 16 to December 4, 2019

6:00 pm—7:00 pm

Coyne Hall, Room 216

Tuition: \$69

Aerobics

Learn how to integrate your love for music while at the same time keeping physically fit. You will be led through a warm up, cardio activity and a cool down period. Class can be modified for students with physical limitations. Students need to bring a water bottle and wear loose comfortable clothing.

Instructor: Denise Neimeier, enthusiastic and experienced in working with individuals with intellectual disabilities.

8 Wednesdays, October 16 to December 4, 2019

6:00 pm—7:00 pm

Coyne Hall, First Floor Lobby

Tuition: \$69

REGISTRATION FORM ON REVERSE SIDE



College for Living Program

REGISTRATION FORM

Name: _____

Home Address: _____

Phone: _____, Date of Birth: _____

Email address: _____

COURSE INFORMATION

Course Name _____

Course Fee _____ Course Date _____

Course Name _____

Course Fee _____ Course Date _____

Students MUST be 18 years or older and be pre-registered. Registrations are taken on a first-come, first-served basis. You are registered once we receive your registration by mail, fax, phone, or email.

All classes are open to the public.

YOU WILL NOT RECEIVE A CONFIRMATION, however, we will notify you if the class you chose is already full at the time we receive your registration form, and we will give you the option of registering for a different class.

- To register by mail, just complete this form and send it to Onondaga Community College, College for Living, 4585 West Seneca Turnpike, Syracuse, NY 13215
To register by fax, just complete this form and fax it to (315) 492-8166
To register by phone, just call the College for Living office, (315) 498-6005, between the hours of 9:00-4:00, M-F
To register by email, please scan this form and email it to Kathy Cummings at cummingk@sunyocc.edu

PLEASE READ: Checks are payable to Onondaga Community College, and may be mailed separately from the registration form in order to reserve your spot in the class. Refunds are only given for cancelled classes.

ALL STUDENTS: Please read and sign the following statement

Financial Responsibility Agreement:

- By registering for classes at Onondaga Community College, I acknowledge and agree that: I am at least 18 years of age or the parent/legal guardian of a student under the age of 18. I am financially responsible for all charges related to my registration and housing.
I understand that if I decide not to attend the courses, which I am registering for, that it is my responsibility to drop the course(s) 3 days prior to the start date to avoid any financial liability.
For OCC's complete Financial Responsibility Agreement, please reference the College Web site under Bursar office, the course schedule, student handbook, or College catalog.

I hereby apply for registration and certify that all information I have given to be true and correct. I agree to obey all rules and regulations of Onondaga Community College.

Signature of Student: _____ Date: _____