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Southwest YMCA COVID-19 Protocol

As an active member of the campus community, the Southwest YMCA will take extensive precautions to stop and prevent the spread of the COVID-19 virus. Below is an action plan that has been implemented in our facility.

- YMCA of the USA approved signage from the CDC hung in high traffic, high visibility areas. The signs provide information on keeping you safe and how to prevent the spread of illness.
- Small, personalized signs that remind and direct patrons to wipe down their equipment before and after each use have been distributed to all machines in the wellness center.
- Patrons will be encouraged to leave 6' of space between use and machines.
- Fitness and Membership staff now sanitize their department areas, specifically all handles, equipment, computer keyboards, phones, etc at the beginning, middle and end of their shift. A signoff sheet has been created for both departments.
- Fitness staff will now end their nightly shifts by "smothering" all equipment with approved cleaning solution specified by OCC custodial. This will allow for the necessary "set" time to kill the COVID-19 virus as directed by OCC custodial management.
- We are monitoring all programs and classes to ensure we are following CDC protocols for public mitigation and canceling/moving said programs and classes to meet their requirements.

We feel strongly that these precautions will prevent the spread of any and all viruses that threaten our current membership.