

ONONDAGA COMMUNITY COLLEGE

FALL 2021 COLLEGE FOR LIVING CLASSES

College for Living classes OCC Main Campus

Crafting

Make and enjoy projects with a variety of materials. You will create decorative seasonal pieces to give as gifts or keep for yourself. Emphasis will be on following directions while making new friends and having fun with a new hobby. CLASS IS LIMITED TO 10 STUDENTS.

*Students who require one-on-one assistance should bring a helper to assist them.

Instructor: Chris Kiely

8 Mondays, October 11 to November 29, 2021

6:00 pm—8:00 pm

Coyne Hall, Room 216

Tuition: \$89

Be Your Best

Are you sick of worrying about the icky pandemic and all the rules associated with it? Does social distancing, no hugging, extra hand washing have you feeling blue? Come learn some fun and safe ways to meet people. Find exciting new ways to make new friends and learn more about how to be your best in every situation. Most importantly, take this class to learn how to take care of yourself with personal care skills, and learning boundaries.

Instructor: Colleen Tanner

8 Mondays, October 11 to November 29, 2021

6:00 pm—8:00 pm

Coyne Hall, Room 224

Tuition: \$79

Healthy Habits

Take this class to learn how to stay strong and active by learning ways to stay mentally and physically healthy. We will discuss activities like yoga, eating a healthy diet, and strategies to stay mentally healthy.

Instructor: Lisa Chamberlain

8 Tuesdays, October 12 to November 30, 2021

6:00 pm —7:30 pm

Coyne Hall, Room 216

Tuition: \$79

Aerobics

Learn how to integrate your love for music while at the same time keeping physically fit. You will be led through a warm up, cardio activity and a cool down period. Class can be modified for students with physical limitations. Students need to bring a water bottle and wear loose comfortable clothing.

Instructor: Denise Neimeier

8 Wednesdays, October 13 to December 1, 2021

6:00 pm—7:00 pm

Coyne Hall, First Floor Lobby

Tuition: \$69

Music Appreciation

Listen and discuss various types of music. There will be many opportunities to sing and dance! Classes will discuss classical, country, jazz, and rock and roll. You will be encouraged to bring your own favorites to share. This class is a great way to share your knowledge while learning about others' taste in music.

Instructor: Dan Lounsbery

8 Wednesdays, October 13 to December 1, 2021

6:00 pm—7:00 pm

Coyne Hall, Room 216

Tuition: \$69

Beginning Guitar

Have you always wanted to learn to play guitar but don't know where to start? Join us at College For Living for this introductory guitar class intended for absolute beginners! In this class you will listen to some great guitar oriented music, you will learn your way around your guitar, learn how to tune and maintain your guitar, and get started on your playing journey by learning a few basic chords. In order to attend this class you MUST have access to a fully strung guitar in good working condition, no supplies will be provided. This class will have very limited enrollment so register now and begin your musical journey!

Instructor: Tom Stojanov

8 Thursdays, October 14 to December 9, 2021

4:00 pm—6:00 pm

Coyne Hall, Room 220

Tuition: \$79

IMPORTANT MESSAGE: Proof of COVID-19 vaccination is required to attend classes. Masks and social distancing will also be required at all times during class. See more details on the registration page attached.



College for Living Program

REGISTRATION FORM

Name: _____

Home Address: _____

Phone: _____, Date of Birth: _____

Email address: _____

Check which class you want to take:

____ Crafting ____ Be Your Best ____ Healthy Habits ____ Aerobics ____ Music Appreciation ____ Beginning Guitar

IMPORTANT: Please send proof of your COVID-19 vaccination along with the registration form, if possible. Failure to send in your vaccination proof prior to the week before your class starts, will result in you being dropped from the class. Send your registration form in to reserve your spot in the class as soon as possible. Checks are payable to OCC and may be mailed separately after the registration form. Refunds are only given for cancelled classes.

Students MUST be 18 years or older and be pre-registered. Registrations are taken on a first-come, first-served basis. You are registered once we receive your registration by mail, fax, phone, or email.

All classes are open to the public.

YOU WILL NOT RECEIVE A CONFIRMATION, however, we will notify you if the class you chose is already full at the time we receive your registration form, and we will give you the option of registering for a different class.

- To register by **mail**, just complete this form and send it to Onondaga Community College, College for Living, 4585 West Seneca Turnpike, Syracuse, NY 13215
- To register by **fax**, just complete this form and fax it to (315) 498-2240
- To register by **phone**, just call the College for Living office, (315) 498-6005, between the hours of 9:00-4:00, M-F
- To register by **email**, scan the completed form and email it to Kathy Cummings at cummingk@sunyocc.edu

ALL STUDENTS: Please read and sign the following statement

Financial Responsibility Agreement:

1. By registering for classes at Onondaga Community College, I acknowledge and agree that:
I am at least 18 years of age or the parent/legal guardian of a student under the age of 18.
I am financially responsible for all charges related to my registration and housing.
2. I understand that if I decide not to attend the courses, which I am registering for, that it is my responsibility to drop the course(s) 3 days prior to the start date to avoid any financial liability.
3. For OCC's complete Financial Responsibility Agreement, please reference the College Web site under Bursar office, the course schedule, student handbook, or College catalog.

I hereby apply for registration and certify that all information I have given to be true and correct. I agree to obey all rules and regulations of Onondaga Community College.

Signature of Student: _____ Date: _____