

ONONDAGA COMMUNITY COLLEGE

FALL 2022 COLLEGE FOR LIVING CLASSES

College for Living classes OCC Main Campus

Crafting

Make and enjoy projects with a variety of materials. You will create decorative seasonal pieces to give as gifts or keep for yourself. Emphasis will be on following directions while making new friends and having fun with a new hobby.

CLASS IS LIMITED TO 12 STUDENTS.

*Students who require one-on-one assistance should bring a helper to assist them.

Instructor: Chris Kiely

8 Mondays: October 10, 17, November 7, 14, 21
December 5, 12, 19

NO CLASS 10/24, 10/31 & 11/28

6:00 pm—8:00 pm

Coyne Hall, Room 216

Tuition: \$99

Microwave Cooking

Learning how to use the microwave is an important cooking skill to help increase independence when cooking meals. The microwave can be a great tool to make some simple meals or a great tool to use to re-heat up leftovers. We will discuss safety issues when using the microwave, understand the buttons on the microwave, and learn what containers are good and which are not for microwaves. Take this class to discover how to make quick, nutritious, and tasty meals. Unfortunately, we cannot accommodate food allergies in this class. **CLASS IS LIMITED TO 12 STUDENTS.**

Instructor: Chris Kiely

8 Tuesdays: October 11, 18, November 1, 8, 15, 22,
December 6, 13

NO CLASS 10/25 & 11/29

6:00 pm—8:00 pm

Coyne Hall, Room 216

Tuition: \$99

Music Appreciation

Listen and discuss various types of music. There will be many opportunities to sing and dance! Classes will discuss classical, country, jazz, and rock and roll. You will be encouraged to bring your own favorites to share. This class is a great way to share your knowledge while learning about others' taste in music. **CLASS IS LIMITED TO 12 STUDENTS.**

Instructor: Dan Lounsbery

8 Wednesdays: October 12 to November 30, 2022

6:00 pm—7:00 pm

Coyne Hall, Room 216

Tuition: \$69

Aerobics

Learn how to integrate your love for music while at the same time keeping physically fit. You will be led through a warm up, cardio activity and a cool down period. Class can be modified for students with physical limitations. Students need to bring a water bottle and wear loose comfortable clothing.

Instructor: Tori Locurcio

6 Thursdays: October 13 to November 17, 2022

6:30 pm—7:30 pm

Coyne Hall, 2nd Floor Lobby

Tuition: \$69

IMPORTANT MESSAGE: Proof of COVID-19 vaccination is required to attend classes. Masks are optional during class. See more details on the registration page attached.



College for Living Program

REGISTRATION FORM

Name: _____

Home Address: _____

Phone: _____, Date of Birth: _____

Email address: _____

Check which class you want to take:

_____ Crafting _____ Microwave Cooking _____ Music Appreciation _____ Aerobics

IMPORTANT: Please send your registration form in as soon as possible to reserve a spot in the class. If possible, please send proof of your COVID-19 vaccination along with the registration form. Failure to send in your COVID-19 vaccination proof prior to the week before your class starts, will result in you being dropped from the class. Checks are payable to OCC and may be mailed separately after the registration form. Refunds are only given for cancelled classes.

Students MUST be 18 years or older and be pre-registered. Registrations are taken on a first-come, first-served basis. You are registered once we receive your registration by mail, fax, phone, or email.

All classes are open to the public.

YOU WILL NOT RECEIVE A CONFIRMATION, however, we will notify you if the class you chose is already full at the time we receive your registration form, and we will give you the option of registering for a different class.

- To register by mail, just complete this form and send it to Onondaga Community College, College for Living, 4585 West Seneca Turnpike, Syracuse, NY 13215
To register by fax, just complete this form and fax it to (315) 498-2240
To register by phone, just call the College for Living office, (315) 498-6005, between the hours of 9:00-4:00, M-F
To register by email, scan the completed form and email it to Kathy Cummings at cummingk@sunyocc.edu

ALL STUDENTS: Please read and sign the following statement

Financial Responsibility Agreement:

- By registering for classes at Onondaga Community College, I acknowledge and agree that: I am at least 18 years of age or the parent/legal guardian of a student under the age of 18. I am financially responsible for all charges related to my registration and housing.
I understand that if I decide not to attend the courses, which I am registering for, that it is my responsibility to drop the course(s) 3 days prior to the start date to avoid any financial liability.
For OCC's complete Financial Responsibility Agreement, please reference the College Web site under Bursar office, the course schedule, student handbook, or College catalog.

I hereby apply for registration and certify that all information I have given to be true and correct. I agree to obey all rules and regulations of Onondaga Community College.

Signature of Student: _____ Date: _____