

New Visions

Summer Program

A College for Living program



Summer 2023

Week 1: July 23 – July 28

Week 2: July 30 – August 4



<http://www.sunyocc.edu>

About the New Visions Program

New Visions is a week-long "full-time" college experience for students with intellectual disabilities. Students reside on campus, sleep in air-conditioned residence halls, and integrate with other summer school students. Our goal is to provide a safe but stimulating learning environment, packed with choices and opportunities to allow each student to understand and enjoyably apply the independent living and social skills that are highlighted in the classes. After a week of course work, exciting and fun activities culminate with yearbooks, a prom and a graduation ceremony.

Student Profile

Students with intellectual disabilities who are motivated to learn and grow independently in a structured, integrated environment will succeed at New Visions. Individuals come from a variety of living situations, including community residences, supported apartments, family residences, and independent living. While the minimum age for admission is 18, there is no maximum age limit.

Our Staff

New Visions is staffed by caring human service professionals, educators, and college students gathering valuable fieldwork experience. Our staff represents a cross-section of the Central New York community. Personnel include teachers, teaching assistants, and first-aid certified staff. Every effort is made to insure that participants have a safe and enjoyable, yet challenging week. OCC has set procedures in place in the event of accident or injury, our Department of Campus Safety is available 24/7 in the event of such emergencies.

Fees:

- \$75 meal fee for all students, plus
- \$250 housing fee for students staying the week in the residence hall
- Students preapproved from OPWDD for Group Day Habilitation WOW, 5 units of service at \$127.45 per unit.
- \$640 tuition for students not covered by the HCBS Medicaid Waiver (please provide a separate check for tuition)

Important information regarding fees:

- All checks or money orders must be payable to Onondaga Community College.
- The Medicaid Waiver will not cover the meal and/or housing fees. These are the responsibility of the student.
- If you are paying cash in person, please contact us to schedule a drop-off time. We will not have change, so please bring the exact amount of the payment.

Registration:

- Registrations are accepted on a first-come, first-served basis
- In order to "reserve a spot" you must send in your registration form (page 3), your class choice form (page 5), and proof of receiving the full series of COVID-19 vaccination (boosters not required) as soon as possible!
- DO NOT wait for payments and/or other required documentation. Those items may be sent in later but are required by June 1, 2023.
- All required documentation is listed on page 8 of this brochure.

Contact information:

- Phone (315) 498-6005
- Fax (315) 498-2569
- Email: Kathy Cummings cummingk@sunyocc.edu or Amy Mech mecha@sunyocc.edu
- Mailing address: College for Living
Onondaga Community College
4585 West Seneca Turnpike
Syracuse, NY 13215

PLEASE KEEP THIS PAGE TO REFER TO IF NECESSARY

Welcome to New Visions 2023

Check in: Students will check in at 7 p.m. Sunday at the Onondaga Community College Residence Hall B. Dinner will NOT be provided. Please eat prior to your arrival. After signing in at the welcome desk you will receive your room assignment. Your class schedule and complimentary t-shirt will be in your room. Staff will secure any medications once you are in your suite, along with any updated doctor's orders at that time. If you have any other special needs, please tell the staff at the table.

Orientation: Once all students have arrived, there will be an introduction of staff and an overview of the week's activities. Rules and regulations pertaining to health and safety will be reviewed.

NEW THIS YEAR:

- There is not a Nurse on staff. OCC has set procedures in place in the event of accident or injury, our Department of Campus Safety is available 24/7 in the event of such emergencies.
- Students must be able to self-medicate to stay overnight in the residence hall. Medications will NOT be administered by New Visions staff.
- COVID vaccination proof is required.
- Graduation is now at 4:00 PM on Friday. Dinner will not be served.

Check Out: Students must check out immediately following the graduation ceremony held on Friday at 4:00 PM. If needed, call us for a pre-arranged time to pick up student's belongings and medications in the residence hall before graduation. The time will be determined by staff availability. All students MUST be picked up by 5:00 PM on Friday at the Residence Hall.

Some tips and requirements to be aware of:

- No alcohol, illegal drugs, or weapons are allowed on the premises. Students should not bring any kind of knife including: filet, pocket or Swiss Army
- OCC is a smoke-free campus
- No pets are permitted (except guide dogs for students with visual impairment)
- You are encouraged to leave valuables at home. Onondaga Community College will not be responsible for theft or loss of valuables.
- Bedding: We provide 1 flat sheet, 1 blanket, 1 pillow, and 1 towel. If you would like, please bring your own blanket, sheets and pillows. Bring enough colored (not white) towels and washcloths for the week.
- Clothing: Bring enough clothing for the entire week. Do not forget rain gear and dress clothes for graduation and prom. Please label clothing and personal belongings with your name.
- Personal items and toiletries: We do not provide toiletries. Bring soap, shampoo, toothbrush, toothpaste, deodorant, brush, comb, razor and sunscreen. Women, please remember personal hygiene supplies.

Money

If you wish to purchase an item or items from the college bookstore, plan to use the laundry, or access the soda and snack machines, please bring enough cash. Our staff will not loan students money. Keep your money in a safe place, wallet or purse.

Evening activities

A choice of campus activity is provided each evening, which includes special events and movies. All events and sites will be adequately staffed for comfort and safety.

New Visions 2023 theme is Disney!
Bring your Disney gear to wear throughout the week!



NEW VISIONS 2023 REGISTRATION & STUDENT INFORMATION FORM

Last Name: _____ First Name: _____ MI: _____

Home Address: _____
STREET CITY STATE ZIP

Home Phone: _____ Date of Birth: _____ Gender: ___M ___F
(must be 18 by 7/23/23)

Primary Emergency Contact: _____ Phone: _____

Back-up Emergency Contact: _____ Phone: _____

Care Mgr. Name: _____ CCO: _____

Care Mgr. email: _____ Care Mgr. Phone: _____

Medicaid# _____ TABS#: _____

Which week do you want to attend? (choose one)

___ Week One (July 23 – July 28) ___ Week Two (July 30 – August 4)

Are you staying in the residence hall for the week, or coming for the day only? (choose one)

___ Day Only ___ Residence Hall

Roommate request (optional): _____

T-Shirt size: (circle one) SM MED LG XL 2X 3X ___Other

SKILLS OF DAILY LIVING:

Is student able to dine independently? ___Yes ___No, Explain*: _____

Current Diet: _____ List restrictions*: _____

Is student able to dress themselves? ___Yes ___No, Explain*: _____

Toileting: Students must be independently responsible for toileting and showering unless they bring an aide to assist them.

Does student wear: ___glasses ___hearing aid ___adaptive equipment?

Students requiring 1:1 supervision/assistance must bring an aide to assist them.

Does student administer medication independently? ___Yes ___No (Medication will not be administered by staff)

MEDICAL CONCERNS:

Does student have a seizure disorder? ___Yes ___No Sun Sensitivity: ___Yes ___No

Allergies (food/medication, list with the description of reaction if known)*: _____

Briefly describe any significant medical conditions and what is normal or abnormal for student:

This student may participate in a physical activity: ___Yes ___No

BEHAVIOR CONCERNS:

Does student have any behavioral concerns, an IPOP, or issues requiring precautions? ___Yes ___No, Explain*: _____

Students requiring 1:1 supervision/assistance must bring an aide to assist them.

Please describe any other pertinent information regarding the student which has not been stated otherwise on the application, but may affect his/her participation in the program.* _____

SAFEGUARDS:

Fire evacuation level of independence: ___Independent ___Verbal prompts ___Physical assistance

Signature: _____ Date: _____

(Parent, Care Provider, or Guardian may also sign)

*Attach additional sheets if necessary

**Please send Doctor's orders for medications and treatments (copies of orders or prescriptions required)

ALL STUDENTS: *Please read and sign the following three statements*

Financial Responsibility Agreement:

1. By registering for classes at Onondaga Community College, I acknowledge and agree that I am at least 18 years of age or the parent/legal guardian of a student under the age of 18.
2. I understand that if I decide not to attend the course, for which I am registering, that it is my responsibility to drop the course three (3) days prior to the start date to avoid any financial liability.
3. For Onondaga Community College's complete Financial Responsibility Agreement, please reference the OCC website.
4. I hereby apply for registration, and certify that all information I have given to be true and correct. I agree to obey all rules and regulations of Onondaga Community College.

Signature of Student/Guardian: _____ Date: _____

Publicity Release: *(must be signed to have picture in yearbook)*

I hereby give my full consent to the New Visions program to use any or all photos, video images, and audio recordings of _____ (name).

The New Visions program agrees and promise that none of these materials will be used for profit or any purpose other than its own education and public information projects.

Signature: _____ Date: _____

ONONDAGA COMMUNITY COLLEGE GENERAL RELEASE - HOLD HARMLESS STATEMENT

TO WHOM IT MAY CONCERN, know that the undersigned in consideration of permitting me to participate in the New Visions program has remised; released and forever discharged, and by these present do for myself and for my heirs, distributees, executors and administrators, remise, release and forever discharge Onondaga Community College, Onondaga Community College Housing Development Corporation, and the County of Onondaga, their respective agents, servants and employees of and from all and all manner of action and actions, cause and causes of action, suits, claims, promises, damages, judgments, executions claims and demands whatsoever, in law or in equity, which against Onondaga Community College, Onondaga Community College Housing Development Corporation, and the County of Onondaga, their respective agents, servants and employees, I ever had now have, or which myself, my heirs, distributees, executors or administrators, hereafter can, shall or may have for, upon or by reason of my participation in the above mentioned program at Onondaga Community College and my future participation in the above mentioned hereafter.

I willingly and voluntarily assume all risks in the aforementioned and in the use of the facilities, equipment and transportation related thereto and this release is expressly executed and delivered to Onondaga Community College for the express purpose of enabling me to participate in said program.

I _____ shall indemnify and hold harmless Onondaga Community College, Onondaga Community College Housing Development Corporation, and the County of Onondaga its employees, agents, officials, representatives and attorneys and assigns from any and all liability arising directly out of my negligence in connection with this program and/or event including but not limited to payment of all fees for my attorney and all incidental litigation expenses in the event that Onondaga Community College and the County of Onondaga any of its employees, agents, officials, representatives, attorneys and assigns are sued upon a claim resulting from my negligent actions or performance.

I further acknowledge to Onondaga Community College that I have disclosed all medical conditions, illnesses and problems pertaining to my (or my charges) health which might have a bearing on the ability to participate in program activities, and I affirmatively promise to keep the program informed in writing of any change in health status.

Signature: _____ Date: _____

Name: _____ Week: _____

CLASS CHOICE FORM New Visions 2023

Please choose 4 classes from the "FIRST CHOICE" column and 4 classes from the "SECOND CHOICE" column. We will try our best to get you into your favorite classes, but remember that registrations are on a first-come, first-served basis and those who get their forms in early will have the best chance of getting all of their first choices. Class descriptions are on pages 6 and 7.

FIRST CHOICE – choose 4 in this column

SECOND CHOICE – choose 4 in this column

- Acting 101
- Aerobics
- A New You (male & female)
- Crafting
- Discover Disney
- Dream Boards
- Everyday Math
- First Aid and Safety
- Healthy Lifestyles
- Hiking
- Internet Safety
- Job Skills
- Journey Around the World
- Manners 101
- Music Appreciation
- Outdoor Games
- Yoga

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COURSE DESCRIPTIONS

Acting 101

Join your friends while participating in fun drama activities. Work on developing communication and promoting your unique creativity. Acting involves teamwork, communication, eye contact and other helpful skills such as facing toward the audience and positive body language. Additionally, acting provides freedom in exploring different worlds of expression. You will discover skills you did not realize you had in this fun class.

Aerobics

Learn how to integrate your love for music while at the same time keeping physically fit. You will be led through a warmup, cardio activity and a cool down period. You will learn how to take your pulse and monitor your heart rate while reaching your potential safely.

A New You (male & female)

Nutrition and self-care are important skills to feeling good about yourself. Good nutrition may lead to better health. This class will teach you ways to improve your nutrition by discussing the best food choices and to spot bad choices. You will also get tips on taking care of your hygiene properly. Learn from others how to feel good by looking your best, most active, and cleanest self. Join this class and become "a new you"!

Crafting

Make and enjoy projects with fabric, paint, wood, and paper. You will create a variety of projects that you can take home. Emphasis will be on following directions while having fun with a new hobby.

Discover Disney

Our theme this year is Disney, so why not take this class to learn even more about Disney! Did you know that the man who created Mickey Mouse and many of the other Disney characters was named Walt Disney? Disneyland® and Disney World® were named after him! In this class you will discuss all your favorite characters and movies with other Disney fans.

Dream Boards

This fun class will get you thinking about what makes you happy and what goals you want to achieve. Use your imagination in this class to make a vision board to create and record your dreams and goals. Your creation will be something you can take home and look at every day to inspire you to work towards your goals and achieving your dreams.

Everyday Math

We use math every day without even realizing it. Do you need help with recognizing numbers so that you can play card games like Uno? Maybe you need help counting so that you can count the dots on the dice in a Yahtzee or Sorry game. Cooking or baking also require math skills so that you know how much of an ingredient to put in whatever you are making. Do you need help ordering from a menu and knowing if you have enough money? Take this class and you will learn with friends, some basic math skills to further enjoy your life.

First Aid and Safety

Learn how to identify and treat common injuries. Know what to do in case of an emergency. Practice how to make a doctor's appointment. Learn where to seek medical care safely, wherever you may live.

Healthy Lifestyles

Lifestyles can be healthy or unhealthy based on food choices, activity level and behavior. A positive lifestyle can bring happiness, while a negative lifestyle can lead to sadness. True happiness can change your attitude and inspire you to make better decisions regarding your health and behavior. In this class you will learn ways to improve your lifestyle with diet and exercise, manage your feelings and identify healthy relationships. Learn with others how to remain safe using social media appropriately.

COURSE DESCRIPTIONS (continued)

Hiking

Walk the trails at OCC. Explore our beautiful campus and participate in fun discussions about fitness and diet. Learn how easy and enjoyable it is to be healthy and how just walking can be a great exercise.

Internet Safety

In this class you will learn skills to stay safe while online and still have fun. Have you ever had someone you met online send you something that was inappropriate? Or, has someone asked you to send them money? Or have you been bullied online? Those situations could make you feel uncomfortable, sad and/or angry. Learn how to stay safe from people online that do not care about your feelings or safety.

Job Skills

A successful employee is one who understands the proper way to handle themselves in the workplace. Learn the importance of being on time, having the proper attire and appearance at work, and how to interact with your colleagues and boss. A little extra work on yourself can increase your chances of success on the job.

Journey Around the World

Are you interested in other countries such as Mexico, England, Italy, France, and Germany? Join your peers and travel to a new country each day through art, music, language, stories, and food. Have fun while learning about other cultures.

Manners 101

Has anyone ever told you to mind your manners? Take this class with friends to learn all about manners like when to say "please", "thank you", "no thank you" or "excuse me". You will discover how to greet people and feel more confident answering basic questions. Practice setting a table and proper table manners at home or in restaurants. Did you know there are proper manners for just about anything you do? Join others in taking this fun class and you will find out how to be the perfect gentleman or lady in any situation!

Music Appreciation

Listen and discuss various types of music while learning the history of each style. Classes will discuss classical, country, jazz, and rock and roll. You will be encouraged to bring your own samples to share. A great way to share your knowledge while learning about others taste in music.

Outdoor Games

Come on outside and get some fresh air with friends in this exciting class! Play outdoor games to learn teamwork skills and new and exciting games and activities that are fun and will keep you moving!

Yoga

Learn to relax, stretch, and breathe. Yoga will increase your mobility and decrease your stress. You will learn how to center your feelings and tone your body. Feel good about yourself!



Registrations are accepted on a first-come, first-served basis. The program usually fills up within a few weeks from the time brochures are sent out.

Register early so you don't miss out!



IMPORTANT: In order to “reserve a spot” for New Visions 2023, please mail, email, or fax the following three items from this brochure as soon as possible:

- Proof of receiving the full series of COVID-19 vaccination, boosters not required
- Completed Registration and Student Information form (page 3)
- Completed Class Choice form (page 5)

Upon receipt of these items, we will send you a postcard notifying you that we received your registration. If we receive your registration *after* the program is full, we will place you on a waiting list and will notify you and your Care Manager. Once an opening becomes available, we will call you and your Care Manager, and will require any remaining items at that time.

The remaining items listed below may be sent at a later date if necessary but are required by June 1, 2023.

Please **DO NOT WAIT** for your funds to become available or all required items listed to send in your registration form.

The following items should be provided by your Care Manager:

- Signed copy of your current Life Plan listing Onondaga Community College as the provider as the HCBS Group Day Habilitation Waiver Service (New Visions) for the chosen week.
- A copy of students' Self-Direction Budget (SD Budget), if applicable, which includes Direct Provider Purchased DH, five units per year @127.45/unit.
- Service Amendment Request Form (SARF) listing Onondaga Community College as provider of Group Day Habilitation Services (New Visions) sent to OPWDD (five units per year), if not currently authorized.
- Current Level of Care Eligibility Determination (LCED)

The following items should be provided by you or your house staff:

- Medication Administration Record (completed by family and/or house staff)
- Doctor's orders for medications and treatments (copies of orders or prescriptions required)
- Release form (please sign all three releases on this page)
- \$75* meal fee for ALL students, plus
- \$250* housing fee for students staying the week in the residence hall
- \$640* tuition for students not covered by the HCBS Medicaid Waiver (please provide a separate check for tuition)

**All checks or money orders are payable to Onondaga Community College*

PLEASE NOTE: Students who attended New Visions in 2019, and who live in Onondaga County, do not need their Care Managers to submit a Service Amendment Request Form (SARF). All other students, and all Broome/Tioga County students must submit a SARF to OPWDD for authorization.

Please mail paperwork to:
College for Living
Onondaga Community College
4585 West Seneca Turnpike
Syracuse, NY 13215

Paperwork may also be faxed or emailed to us at:
Fax: (315) 498-2569
Email: Kathy Cummings at cummingk@sunyocc.edu or
Amy Mech at mecha@sunyocc.edu

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Medication Administration Record – New Visions 2023

- A doctor's order is required for all prescription medication, over-the-counter medications, and natural remedies, including topical treatments.
- Any medication that has been added or discontinued prior to arrival at New Visions must be accompanied by a written doctor's order or a copy of the prescription

___ This individual will not take any routine medications while attending New Visions.

___ This individual will take routine medications while attending New Visions.

Name: _____ DOB: _____ Location: New Visions, Week _____

Allergies: _____

Instructions: Please complete the Medication, Dosage, Frequency portion of the following table and return to us, along with the required doctor's orders even if independent with medication administration. Thank you.

	Medication	Dosage	Frequency (i.e. 2 x per day)	Time (AM/PM/HS)	S	M	T	W	Th	F
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										

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NEW VISIONS 2023

CAMPUS MAP



**Day Only
student drop-
off here:**
Gordon
Student Center
Cafeteria

Graduation here:
Gordon Great Room
(Friday at 4:00)

Check-in here:
Residence Hall B
(Sunday at 7:00 PM)

BUILDINGS & FACILITIES:	
P	Academic II/Performing Arts Center
C	Coulter Library
F	Ferrante Hall
FBC	Furnace Brook Center
G	Gordon Student Center
R	John H. Mulroy Hall
JSC	J. Stanley Coyne Hall
M	Mawhinney Hall
S	Service and Maintenance Building
A	SRC Arena and Events Center/ Allyn Hall
ST	Storer Auditorium/Ann Felton Multicultural Center
RH3	Student Residence Hall "H3"
RHA	Student Residence Hall "A"
RHB	Student Residence Hall "B"
RHC	Student Residence Hall "C"
W	Whitney Applied Technology Center
Y	YMCA
[Yellow Square]	Student Parking
[Yellow Diamond]	Reserved - Resident Parking
[Yellow Circle]	Faculty / Staff Parking
[Red V]	Visitor Parking Spaces
[Red Triangle]	Information Kiosk
[Blue Bus]	Centro Bus Shelter
[Z]	Lazer Line Bus Stops
[T]	Dining Services
[BN]	Barnes & Noble Onondaga Bookstore
[Star]	AmeriCU Credit Union



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